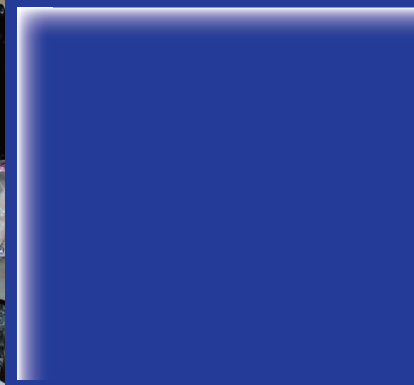
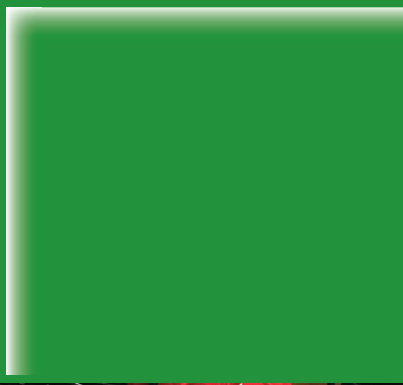


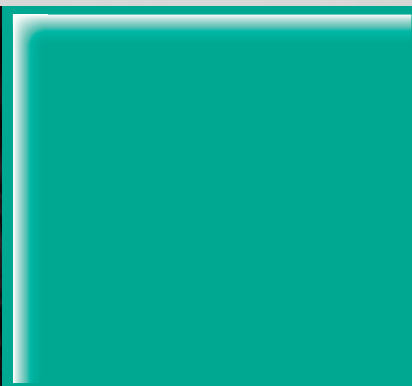
J

Jewish Community Center of Staten Island



2019-2020

program guide



90 years of serving the community

hours of operation*

BERNIKOW JCC

1466 Manor Road, Staten Island, NY 10314

718.475.5200

Monday - Thursday	5:30am - 11pm
Friday	5:30am - 7pm
Saturday	7am - 7pm**
Sunday	7am - 7pm

Please see Sports & Wellness desk for fitness hours.

**** Sports & Wellness wing only for recreation. In observance of Shabbat, any payment for services including guest passes must be made in advance.**

NANCY & RONALD AVIS/SOUTH SHORE JCC

1297 Arthur Kill Road, Staten Island, NY 10312

718.475.5270

Monday - Thursday	8am-8:30pm
Friday	8am-7pm
Saturday	closed
Sunday	8am-3pm

ISADOR ABERLIN/NORTH SHORE JCC

485 Victory Blvd, Staten Island, NY 10301

718.475.5290

Monday & Friday	7am-6pm
Tuesday - Thursday	7am-9pm
Saturday - Sunday	Closed

JCC/BERMAN EARLY CHILDHOOD CENTER

2221 Richmond Avenue, Staten Island, NY 10314

718.475.5100

Monday - Friday	7am-6pm
Saturday - Sunday	Closed

Sundown Friday to Sundown Saturday

- From sundown on Friday to sundown on Saturday, no administrative business is conducted and no regular classes are scheduled.
- No money can be exchanged. If something needs to be paid for, other arrangements will be made. All Guest Passes must be paid for in advance.
- The Bernikow Pool, Gymnasiums, and Fitness Center are open on Saturdays.
- The JCC is a Glatt Kosher facility. Please do not bring in any outside food that is not Kosher.

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Grill Express @ Cafe J

Grillz Express @ Café J operates out of the R. Randy & Eileen Lee Café. They serve breakfast, lunch, and dinner. B & Y is Glatt Kosher under the supervision of Vaad of SI.

Café Hours

Monday-Thursday	8:30am to 9pm
Friday	8:30am to 2pm
Saturday	Closed
Sunday	11am to 7pm

building hours & holiday observances

September 2019 - May 2019

	Aberlin/N. Shore	Berman	Avis/S. Shore	Bernikow
Monday, September 2 - Labor Day	Closed	Closed	Closed	8am - 5pm
Sunday, September 29 - Erev Rosh Hashanah	Closed	Closed	Close at 3pm	Close at 3pm
Monday, September 30 - Rosh Hashanah	Closed	Closed	Closed	Closed
Tuesday, October 1 - Rosh Hashanah	Closed	Closed	Closed	Closed
Tuesday, October 8 - Erev Yom Kippur	Close at 3pm	Close at 3pm	Close at 3pm	Close at 3pm
Wednesday, October 9 - Yom Kippur	Closed	Closed	Closed	Closed
Sunday, October 13 - Erev Sukkot	Closed	Closed	Close at 5pm	Close at 5pm
Monday, October 14 - Sukkot	Closed	Closed	Closed	Closed
Tuesday, October 15 - Sukkot	Closed	Closed	Closed	Closed
Sunday, October 20 - Erev Shemini Atzeret	Closed	Closed	Close at 5pm	Close at 5 pm
Monday, October 21 - Shemini Atzeret	Closed	Closed	Closed	Closed
Tuesday, October 22 - Simchat Torah	Closed	Closed	Closed	Closed
Thursday, November 28 - Thanksgiving Day	Closed	Closed	Closed	8am-3pm
Monday, December 23 - 1st Candle Lighting- Chanukah	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Tuesday, December 24 - Christmas Eve	Close at 5pm	Close at 5pm	Close at 5pm	Close at 5pm
Wednesday, December 25 - Christmas Day	Closed	Closed	Closed	8am-3pm
Tuesday, December 31 - New Years Eve	Close at 5pm	Close at 5pm	Close at 5pm	Close at 5pm
Wednesday, January 1 - New Years Day	Closed	Closed	Closed	8am-3pm
Monday, January 20 - Martin Luther King Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Monday, February 17 - Presidents' Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Wednesday, April 8 - Erev Passover	Close at 3pm	Close at 3pm	Close at 3pm	Close at 3pm
Thursday, April 9 - Passover 1st day	Closed	Closed	Closed	Closed
Friday, April 10 - Passover 2nd day	Closed	Closed	Closed	Closed
Sunday, April 12 - Easter Sunday	Closed	Closed	Open Reg. Hours	Open Reg. Hours
Tuesday, April 14 - Erev Passover	Close at 5pm	Close at 5pm	Close at 5pm	Close at 5pm
Wednesday, April 15 - Passover 7th day	Closed	Closed	Closed	Closed
Thursday, April 16 - Passover 8th day	Closed	Closed	Closed	Closed
Monday, May 25 - Memorial Day	Closed	Closed	Closed	8am-5pm
Thursday, May 28 - Erev Shavuot	Close at 5pm	Close at 5pm	Close at 5pm	Close at 5pm
Friday, May 29 - Shavuot	Closed	Closed	Closed	Closed
Saturday, May 30 - Shavuot	Closed	Closed	Closed	Closed



membership

Jill K. Gottlieb, *Chief Program Director of Membership & Wellness Services*, 718.475.5223,
membership@sijcc.com or jgottlieb@sijcc.com

The JCC has multiple locations, beautiful facilities, and tons of programs for you to take advantage of as a member. Membership is open to people of all races, religions, and ethnic backgrounds.

Perks of membership include access to our fitness center, over 60 group ex fitness classes, our indoor and outdoor pools, full-service locker rooms with steam and sauna, towel service, and more! Members also get discounted rates of up to 50% on classes, programs, and camp.

We love our members! Our dedicated staff is here to assist you in any way you need!



Fundraising and development

Anita Bruckmeir, **Chief Development Officer** • 718.475.5234 • abruckmeir@sijcc.com
Evelt Shulman, **Director of Individual Giving** • 718.475.5256 • eshulman@sijcc.com

The JCC is the Community Center of Staten Island. We provide The JCC provides vital services to every constituency on our Island with the goal of making it a better place for everyone. There are many ways you can make a difference and financially assist our programs. For information or any questions you may have on the programs listed here and other donor opportunities, please contact Evelt Shulman.

Tribute Program

Interested in paying tribute to a loved one? You can recognize the birth of a child, honor a Bar/Bat Mitzvah, celebrate a simcha such as a wedding or birthday, or pay respect to a loved one's memory. The JCC's tribute program will enable you to acknowledge that special milestone or event, while supporting the JCC and the numerous programs and services offered throughout our community. Please stop by the front desk to pick up a specially designed envelope that will list all your tribute options including existing scholarship funds. You can even choose to create a fund with the name of the person you are honoring.

Endowments/Named Funds

If you are interested in supporting a specific program or service that the JCC offers, we have a number of Named Funds and Endowments. You can support one of the Funds listed below or create your own. It is a great way to ensure that the JCC can grow new programs and establish future ones.

Joan and Alan Bernikow Fund for Children with Special Needs: Supports services for individuals with disabilities attending a variety of programs at the JCC

Murray Berman Family Fund: Provides scholarships to families in need to send children to JCC day camps

Lucille and Jay Chazanoff Fund for Sunrise Day Camp: Supports Sunrise Day Camp and Sunrise Year-Round Programs – a camp for children with cancer and their siblings.

Marvin Weissglass Family Trust: Supports the operations of Marvin's Camp for children with disabilities

Foundation for The Music Institute of the Jewish Community Center of Staten Island: Supports scholarships for families in need to send children to the Dorothy Delson Kuhn Music School; provides assistance to send the Music Institute faculty to trainings and conferences as well as repairs or purchase of instruments.

Dr. Esther Grushkin Memorial Lecture Fund: Supports programs at the JCC for the community in the area of informal Jewish Education; created in memory of Dr. Esther Grushkin

RememberMe: Supports programs and other needs of our dementia-related programs

Allan Weissglass Memorial Fund: Provides funds for Capital repair and replacements at JCC-owned facilities

Planned Giving

In some way, your life is rooted in experiences connecting you to the JCC. To continue on your legacy, please consider including the JCC in your will or estate plan. By leaving a planned legacy gift, you can assure that the traditions and programs that mean so much to you today will exist for future generations. Anyone, regardless of age or wealth, has the ability to assure that the JCC of Staten Island continues providing essential programs by leaving a planned gift today. Some options include: bequest in a will; gift of life insurance; or a future gift of IRA/retirement plan. Your planned legacy gift will provide meaningful, lasting support to the JCC.

Program Sponsorships

Our agency hosts special events each year enabling individuals, corporations, and foundations the opportunity to show the support via a sponsorship. Each event brings high exposure to audiences of several hundred attendees. The funds are allocated to programs like Marvin's Camp for Children with Special Needs, Sunrise Day Camp, and Rosemary's Place. Please consider a sponsorship for one of our many events.

Other Ways to Support the JCC

- Naming Opportunities
- In-Kind Services



Fitness & wellness

Bernikow Sports & Wellness Desk 718.475.5210
Avis Fitness 718.475.5270



Bernikow Fitness Center

Work out with us in the spacious Dr. Ron & Nancy Avis Fitness Center. As part of your membership, you get access to our 5,000 square feet of equipment and training areas, including brand new treadmills and bikes!

• Hours

Monday - Thursday 5:30am - 10:45pm
Friday 5:30am - 6:45pm
Saturday - Sunday 7:00am - 6:45pm

• Locker Rentals

Lockers measure 12" x 12" and are available on a first come, first served basis. Fee: \$12 month/\$144 annual

• Babysitting Services

Babysitting services are available for those who use the fitness center. Call 718.475.5210 for more information.

Avis Fitness Center

Come get in shape with us at the Avis Fitness Center!

• Hours

Monday-Thursday 8am – 8:30pm
Friday 8am – 2pm
Sunday 8am – 1pm



Group Ex Classes

We offer over 70+ Group Ex classes at both our Bernikow and Avis locations. All of our Group Ex classes are free to members. Classes include yoga, zumba, spin, HIIT, aqua aerobics, and more!

Certified Personal Training/ Specialty Private & Group Classes

One-on-One Training: one-hour session - \$65,
5 one-hour sessions - \$300

Express One-on-One Training: half hour session - \$45

Partner Training: one-hour session, two people - \$90/
session, 5 one-hour sessions - \$425

Teen Tune Up - ages 13 - 15

Children under the age of 16 are only permitted in the Fitness Center after undergoing a Teen Tune-Up Certification Course with a Certified Personal Trainer. This allows youth to be trained on the concepts of fit ness and teaches them facility etiquette. \$40

One-on-One Stretching/Foam Rolling

Stretching helps flexibility for increasing range of motion, while foam rolling increases blood circulation, reduces lactic acid build up, and improves posture.

Half hour session - \$30

TRX Suspension Training

Total Body Resistance is an exercise that tones your body and strengthens your core.

One hour, 3-6 people, \$15 per person based on a minimum of 3 people per class

Kickboxing Class: One hour, 3-6 people,
\$15 per person based on a minimum of 3 people per class

For more information, call the Bernikow Sports & Wellness Desk at 718.475.5210.



Pink Program

This is the only breast cancer recovery program approved by the American Council of Exercise. This effective program will help you exercise safely while enhancing your overall health whether you're in the midst of treatment or years beyond it.

Tuesdays and Thursdays at 5pm for six weeks

Free for JCC members/\$150 for non-members

Call Janice Salerno at 718.475.5200 ext. 5447 for information.

Mitchell Scott Gordon Spa @ the J

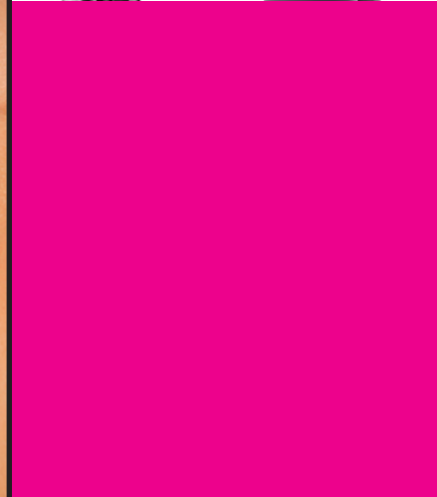
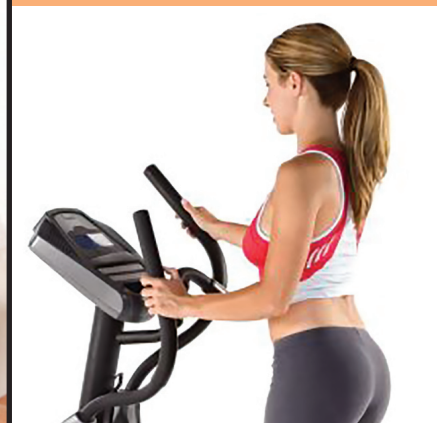
Choose from a wide array of services, including massages, facials, reflexology, body waxing, manicures, and pedicures. All of our treatments are provided by licensed New York State massage therapists, estheticians, and cosmetologists.

We offer professional salon services in a private, tranquil environment designed with you in mind.

A visit to our spa at the Bernikow Building is the perfect way to get relax and destress. Services are provided by appointment only through the Sports Desk at 718.475.5210.

Spa Hours of Operation

- Monday, Tuesday & Thursday – 10am – 4pm
- Wednesday 4 – 8pm
- Friday, Saturday & Sunday – CLOSED



early childhood education

Jayne Smith, **Chief Program Director of Early Childhood and Disabilities Services**

718.475.5265 • jsmith@sijcc.com

Dawn Gallis, **Asst. Preschool & Daycare Director** - Berman JCC, 2221 Richmond Ave

718.475.5100 • dgallis@sijcc.com

Stephanie Prasenski, **ECE Coordinator** - Avis South Shore • 718.475.5224 • sprasenski@sijcc.com

Tanya Laughlin, **First Foot Forward Coordinator** - Bernikow/Avis • 718.475.5225 • tlaughlin@sijcc.com

Marie Fago, **ECE Coordinator**, Aberlin North Shore, 485 Victory Blvd, 718-475-5286, mfago@sijcc.com

At the JCC's Early Childhood Center, our programs are sensitive to each child's unique talents and strengths. We pride ourselves in creating fun, hands-on learning opportunities for all. We are dedicated to providing children with a strong educational foundation. Our thematic curriculum allows children to discover and grow in loving, nurturing and engaging environments. We provide opportunities for creative problem solving, decision-making, and leadership skills. Parent involvement is key to our children's success in school. We welcome a partnership with you and your family. Just as each child is unique, so is each family. With this in mind, we offer a variety of flexible schedules and programs to best suit your family's needs. We have an open-door policy and parents are welcome at any time. All programs are staffed with caring and experienced professionals. Our teachers are certified by the State Education Department of New York and we are licensed by the Department of Health's Bureau of Day Care.

Early Childhood Education offered at four convenient locations:

- Joan & Alan Bernikow JCC, 1466 Manor Road, 718.475.5230
- Nancy and Ronald Avis/South Shore JCC, 1297 Arthur Kill Road, 718.475.5224
- Aberlin/North Shore JCC, 485 Victory Boulevard, 718.475.5290
- JCC/Berman Early Childhood Education Center, 2221 Richmond Avenue, 718.475.5100



Infant & Toddler Daycare

12 month, full day program, 7am-6pm

Five day a week program available at all sites

Ages 3 months-2.9 years available at Bernikow and Berman locations

- Two or three day a week schedule available at Berman
- Ages 2-2.9 years available at Aberlin/North location
- Two or three day a week schedule available
- Half day options

The JCC's Daycare program provides your child with a full day of activities, security, and care in an environment that stimulates their growth in all areas of development.



3-K and Pre-K For All

**3-K PRE-K
FOR FOR ALL**

The JCC is proud to partner with the NYC Department of Education to offer FREE 3-K and Pre-K For All. 3-K For All and Pre-K For All is offered at all four of our locations. We offer flexible scheduling and small class sizes.

Extended day options for working families are available from 7am to 6pm. Extended day offers soccer, music, swim, and enrichment activities such as Smart Table Technology (activities vary by location). The program includes family engagement opportunities.

To learn more about our programs, or to schedule a tour, please call any of our locations at the phone numbers above.

Apply through the Department of Education website (application period begins in late winter/early spring):

<https://www.myschools.nyc/en/>

Pilot Preschool Summer Program

Full day options available at the Bernikow JCC and Avis/South Shore buildings.

PJ Library

PJ Library is a free community program bringing age-appropriate Jewish themed books and CDs each month to registered children ages 6 months-8 years. Participation is open to all. To register for this FREE program, visit www.newyork.pjlibrary.org



Alma Harter Library

The Alma Harter Children's library is housed at the Staten Island Bank & Trust Foundation Early Childhood wing at the Bernikow JCC. This library gives children access to books that keep them entertained while fostering a lifelong love of literature. The library is named for Alma Harter, the JCC's first Early Childhood Director. To make a donation or to add books to our library, please call Jayne Smith at 718.475.5265.

Get Involved

Join our Early Childhood Facebook group to see pictures and get information on our programs. This is a closed group open to Early Childhood families only.

Please consider joining our Early Childhood Advisory Committee to help us enhance our programs with new ideas, family events, and fundraising opportunities.



first foot forward

Jayne M. Smith, **Chief Program Director of Early Childhood and Disabilities Services**

718.475.5265 • jsmith@sijcc.com

Tanya Laughlin, **FFF Coordinator- Bernikow/Avis** • 718.475.5225 • tlaughlin@sijcc.com

Stephanie Prasenski, **ECE Coordinator/Avis** • 718.475.5224 • sprasenski@sijcc.com

Stephanie Burdge, **FFF Coordinator/ Berman JCC**, 718.475.5100 sburdge@sijcc.com

The JCC has over 30 years of experience serving preschool children with special needs! First Foot Forward is dedicated to assisting children 2.5 to 5 years old with developmental needs. Our individualized curriculum allows children to reach their full potential in a warm, nurturing environment. New York City and State fund First Foot Forward programming.

First Foot Forward specializes in helping children with:

- Speech/Language Delays
- Socialization Concerns
- Developmental Delays
- Poor Motor Skills
- Sensory Needs
- Autism Spectrum Disorder

To receive services, children need to be evaluated at an approved evaluation site. Our team of certified professionals can evaluate your child at no cost to you. Program eligibility is recommended by the Department of Education's Committee on Preschool Special Education and is based upon the individual needs of your child.

We have an open door policy and you are welcome at any time. We welcome children of all faiths and nationalities. All services (evaluations, transportation, tuition) are at no direct cost to parents.

Services Offered

- Individualized instruction in small center-based or integrated settings
- Full day, 10 or 12 month options
- Evaluations
- Therapy
 - Speech
 - Occupational
 - Physical
 - Counseling
- Music/Movement enrichment experiences
- Parent support groups
- Door-to-door transportation
- Smart table technology
- Related Services (therapy is provided around your child's preschool schedule)

Locations

Classes and related services are available at three JCC locations:

Joan & Alan Bernikow JCC, 1466 Manor Road

Nancy & Ronald Avis/South Shore JCC, 1297 Arthur Kill Road

JCC/Berman Early Childhood Center, 2221 Richmond Avenue





family programs

The JCC is committed to providing programs that the whole family can enjoy together. All programs take place at the Bernikow Building unless otherwise noted. Our calendar of family programs for the 2019-2020 school year is:*

Character Breakfast

Sunday, September 8, 9am

Sukkot Party

Wednesday, October 16, 3pm

Gratitude Program

Sunday, November 17, 2pm

Chanukah Celebration

Sunday, December 15, 2pm

Family Fitness Program

Sunday, February 2, 5pm

Tu B'Shevat Community Fair

Sunday, February 9, 12pm

Purim Carnival

Sunday, March 8, 12:30pm (11:30am quiet hour for individuals with disabilities)

Jewish Music Festival

March 14-29, various locations and times

Yom Ha'Atzmaut

Sunday, April 26

Pre-Shabbat Program

Friday, May 8, 4pm at Henry Kaufmann Campgrounds

Memorial Day

Monday, May 25, 12pm at outdoor pool

Shavuot/Family Field Day

Sunday, May 31

**All dates subject to change* ¹¹

camp

Glenn Wechsler, MSW, **Camp Co-Director** • 718.475.5231 gwechsler@sijcc.com

For more than 85 years, the JCC of Staten Island Day Camp has provided a summer camp experience for thousands of children guided by the principles of safety, fun, discovery, friendship, and values.

Our staff lies at the center of the camp's success. Our staff is screened for maturity, creativity, a sense of responsibility and spirit. They are required to attend pre-camp training's that emphasize children's safety and well-being and stresses their important role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

Your child's summer camp schedule will be packed with a wide range of activities ranging from baseball and soccer to music, arts and crafts, animal encounter and a daily swim. Spectacular weekly shows and special event days are sure to enthrall the children.

We have a picturesque 100-acre campsite nestled in Staten Island's Greenbelt that features three Olympic sized pools, multi-purpose athletic fields, archery range, boating ponds, an outdoor theater and a state of the art Ropes challenge course.

Our Camp is American Camping Association accredited, ensuring that we are committed to providing your child with a safe and nurturing environment.

You can learn more at our camp open houses throughout the year or by appointment.



Camp Reunion

Meet up with great camp friends and awesome staff!

Enjoy music, dancing, ALL NEW carnival with inflatables, an incredible slideshow featuring YOU, and delicious make-your-own sundaes!

Sunday, January 4, 2020



youth department

Glenn Wechsler, MSW, **Youth Director** • 718.475.5231 gwechsler@sijcc.com

Our Youth Department continues the spirit and fun of camp year-round! With classes, trips, and other activities, your child will be able to make friends, learn new skills, and have tons of fun!

Youth Classes

We offer enrichment classes such as jiu-jitsu, gaga, art, yoga, and science throughout the school year.

Our schedule for the fall semester is:

Yoga: Tuesdays at 6pm for ages 6-12

Jiu-Jitsu: Tuesdays at 5pm for ages 6-12

Gaga: Wednesdays at 6pm for ages 6-12

Middle School Madness

Join us for a new opportunity offered just for middle school aged tweens! Children grades 6-8 will have a nighttime spot to hang out and have snacks, play basketball, or dance. See your camp friends, bring your school friends, and make new friends!

Our first event will take place on Saturday, October 5 from 9-11pm.



Camp 365

The summer is ending, and your kids have made friendships that will last a lifetime. Join us one Saturday night and Sunday afternoon a month for a wide array of camp-like activities such as sports, gaga, crafts, cooking and swimming. Best of all, your children be able to reconnect with their summer camp friends! Our October events will take place on Saturday, October 5th from 7-9pm and Sunday, October 20th from 1-4pm. Open to children in grades K-5.

Explorers: Kids Building Our World

Located at the Bernikow JCC, Explorers will be able to take advantage of the beautiful facility, including our indoor pool, gyms, and music rooms. Our after school program aims to educate the whole child through various kinds of activities that stimulate the mind, body, and spirit.

Expand Your Mind

- Academic support and homework help from DOE Certified Teachers
- Tutoring available for an additional fee
- Music lessons at the Dorothy Delson Kuhn Music Institute
- Chess and other games designed to challenge the mind
- STEAM activities, including arts & crafts

Nourish the Body

- Sports taught by JCC coaches, including Shoot 4 Success basketball and soccer
- Kidzercise fitness program and drills & skills physical education
- Instructional swim from our aquatics instructors
- Yoga and Zumba classes
- Healthy choice cooking projects

Mindfulness

- Meditation circles
- Social-emotional learning activities, including incentive charts and Kid of the Week
- Jewish value of the month

We also offer an inclusion program for those who would benefit from it. Interview required for enrollment.

Busing Information:

- Open daily until 7:00pm
- Half day pickup included
- Door to Door service from schools

Schools Serviced:

P.S. 4, 29, 36, 42, 48, 54, 55, 58, 69, I.S. 72, 75, and Petrides
Please note pickup from a particular school is based on enrollment and transportation availability. Other schools may be considered upon request.

School's Out Trips:

When school is out, we're still keeping busy. Our School's Out Trips take kids to hands-on museums, zoos, amusement parks, bowling alleys, and more! School's Out Trips take place from 9am-5pm and are available for an additional fee. Extended hours from 8-9am and 5-7pm are available to Explorers families for free.





Glenn Wechsler, MSW, **Youth Director** 718.475.5231 • gwechsler@sjcc.com

In addition to sports programs, the JCC provides fun and enriching activities for teens to participate in. Our programs emphasize leadership while allowing teens to have fun throughout the year.



Looking for a teen leadership group that focuses on planning social events and organizing community service projects? iTeens is the answer. The group meets twice monthly and is guided by the Jewish value of Tikkun Olam - Healing our not yet perfect world. Previous activities include a sushi-making class and an escape the room experience. An overnight kickoff event is in the works for September.

For more information, contact Glenn Wechsler at 718.475.5231 or gwechsler@sjcc.com

Follow iTeens on Instagram at www.instagram.com/jccteengroup

Teen Travel 365

Camp continues throughout the year with Teen Travel 365. Join the JCC and your camp friends on weekend trips to popular destinations.

For more information, contact Glenn Wechsler at 718.475.5231 or gwechsler@sjcc.com

Teen Membership

Teen membership is for teens in the 7th - 12th grade who are not part of a family membership. It is not applicable for camp. Documentation showing grade is required.

Teen members ages 13-15 must take a Teen Tune Up Certification Course before using the Fitness Center. This trains on the concepts of fitness, etiquette in the facility, and authorization to use the facility under the supervision of the fitness floor staff.

Contact our Membership Department at 718.475.5223 or membership@sjcc.com for details.

YSI Driver Education Program

The JCC contracts with a local vendor to provide a Driver Education program for new drivers 16 years and older. The class meets at the Bernikow JCC for classroom work and in-car classes. The course is a comprehensive introduction to the driving experience. Students must successfully complete both the road and theory portions of the course in order to receive a MV 285, formerly known as the Blue Card. For more information, call 718.851.1876.

School's Out Activities

When schools are closed, we're still having fun at the JCC! Join us on trips, sports clinics, and more!

School's Out Trips

Kids enjoy exciting days with trips, swim, games and more! Potential trips include amusement centers, hands-on museums, bowling, movies, rock climbing, trampoline parks, and inflatable parks.

For grades K-8, 9am-5pm, extended hours available from 8am-7pm

Our schedule of trips for the fall semester is:

October 14

November 5

November 11

December 24

December 26-31

For more information, contact Glenn Wechsler at 718.475.5231 or gwechsler@sijcc.com

Holiday Sports Clinics

End of Year Basketball Clinic – December 26, 27

MLK Day Basketball Clinic – January 20

Winter Break Basketball/Soccer Mini-Camp – February 17-19

Spring Break Basketball/Soccer Mini-Camp – April 13-15

For more information, contact Ernest Murdukhayev at 718.475.5212 or emurdukhayev@sijcc.com

Early Childhood School's Out Programs

Children enrolled in Early Childhood programs can enroll in special School's Out Programs designed specifically for younger children. These programs are thematic learning opportunities that take place at our Bernikow JCC building.



Sports & Recreation

Sports Desk • 718.475.5200 Ext. 1199

We offer year-round programming for athletes of all levels and ages at multiple sites.

Basketball

Basketball takes place at both the Bernikow and Avis/South Shore locations.

Bernikow:

Shoot4Success Intro Level – Ages 3.5-10

10-week session

Tuesdays at 3:30pm

Fee: \$199 for members/\$229 for non-members

Shoot4Success Elite and Team Training

10-month duration (September-June)

Tuesday at 4:30pm

Fee: \$100 per month

Avis:

Shoot4Success Intro Level – Ages 3.5-12

10-week session

Ages 3.5-5: Sundays at 9am, Wednesdays at 3:30pm, or Thursdays at 3:30pm

Ages 6-7: Sundays at 10am, Wednesdays at 3:30pm, or Thursdays at 3:30pm

Ages 8-10: Sundays at 11am, Wednesdays at 3:30pm, or Thursdays at 3:30pm

Ages 11-12: Sundays at 11am

Fee: \$199 for members/\$229 for non-members

Shoot4Success Elite and Team Training

10-month duration (September-June)

Sundays from 12-2pm, Wednesdays from 4:30-6:30pm

Monthly fee: \$100 for one class a week, \$200 for two classes a week

CYO Teams

We offer two CYO teams for children in grades 3-8 and high school. The season lasts three months, and all players must practice one day a week. Games take place on weekends and weekdays.

High School/Adult Leagues

We offer high school and adult basketball leagues in the spring and summer. Check back soon for more information!

Soccer

All soccer classes take place at the Bernikow Building. For each program to run, a minimum of 6 participants must sign up.

Intro 2 Soccer – Ages 3.5-5.5

8-week session

Thursdays at 3:30pm

Fee: \$125 for members/\$175 for non-members

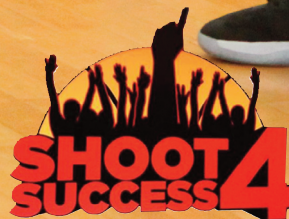
Fundamental Soccer – Ages 5-12

10-week session

Ages 5-7: Sundays at 9:30am

Ages 8-12: Sundays at 10:30am

Fee: \$155 for members/\$199 for non-members



Tennis

Tennis lessons take place at the Bernikow Building or Staten Island Academy (715 Todt Hill Road).

Quick Start Tennis– Ages 6-17

8-week session, open to all skill levels

Sundays at 9am, 10am, and 11am

Fee: \$199 for members/\$250 for non-members

Private lessons available for \$75 an hour

Fundamental Youth Sports Programs

Intro 2 Sports– Ages 3.5-5

8-week session of Flag Football, Softball, Basketball, Kickball, and Track & Field

Fridays at 3:30pm

Fee: \$125 for members/\$175 for non-members

Sports Camps

We offer soccer, basketball, and gymnastics camp in the summer. Check back soon for dates and information!

Gym Rentals and Sponsorships

Our gyms and sports fields are available for rental for parties or soccer matches. Select JCC facilities are available to all organizations, groups, and individuals for life cycle events, meetings, and celebrations. We also offer advertising opportunities in our gyms. Call 718.475.5261 for information.



gymnastics

Mary Fontana, **Gymnastics Director** • 718.475.5275 or 718.720.7983 • mfontana@sijcc.com

The JCC/Richmond Gymnastics Center has been training Staten Island's finest gymnasts for over 30 years. We take pride in training all of our students in the U.S.A. Gymnastics Junior Olympic program. Our center trains gymnasts from levels one through ten, ages 3 through 17.

Pre-teams and team programs:

USAG competitive levels are held Monday through Friday.

Three to fifteen hours per week are required to become a team member.

Avis/South Shore:

Lil Olympians (ages 3-5)

Mondays at 4pm

Tuesdays - Fridays at 4pm or 5pm or 2 hour class 4-6pm

Fridays at 3:20-4:20pm

Super Rompers (ages 5-6)

Mondays at 4pm, 5pm, 5-7pm

Tuesdays at 4pm, 5pm

Wednesdays at 4:30pm, 5pm, 6pm

Thursdays at 4pm, 5pm, 6pm

Fridays at 4pm, 5pm, 6pm

Girls and Boys (ages 7-9)

Mondays at 5pm, 6pm, 5-7pm

Tuesdays at 5pm, 6pm, 5-7pm

Wednesdays at 4pm, 5pm, 6pm

Thursdays at 5pm, 6pm, 5-7pm

Fridays at 5pm, 6pm, 5-7pm

Girls and Boys (ages 10 and up)

Mondays at 5pm, 6pm, 5-7pm

Tuesdays at 5pm, 6pm, 5-7pm

Wednesdays at 4:30pm, 5:30pm, 6:30pm

Thursdays at 5pm, 6pm, 5-7pm

Fridays at 5pm, 6pm, 5-7pm

Bernikow:

Intro classes are held Mondays at 3:30pm

(ages 3-4) or 4:30pm (ages 5-12)

Fees and Registration:

1-hour class

Members: \$89 per month • 10 months \$790

Non-members: \$99 per month • 10 months \$890

2-hour class

Members: \$139 per month • 10 months \$1,290

Non-members: \$149 per month • 10 months \$1,390

Non-member registration fee: \$30 for 1 child/\$40 per family with 2 or more children





Justine Bergen, **Aquatics Director**
718.475.5215 • jbergen@sijcc.com

The JCC has both a Jr. Olympic size indoor pool as well as an outdoor pool that is open in the summer months. We offer group and private lessons, aquatic therapy, lifeguard training, a swim team, and more. Grab your suit and dive in with us!

Group Swim Lessons

6 sessions

with one make up class offered, refunds not permitted
Sundays 10am -12pm • Wednesdays at 3:45pm

Parent & Me – 4 months-3 years

Fee: \$155 member/\$230 non-member

This is the exciting first dip into the pool for children and we make it special for everyone involved! Parents bring their children (ages 4 months to 3 years) into the pool for a fun lesson with one of our wonderful instructors. Children will learn to ask permission before entering the water and how to call for help. They will explore complete water submersion of the mouth, nose, and eyes, buoyancy on the front and back and changing body position with support. We offer our Parent and Me classes in two separate age groups:

Baby Nemos (4 months-16 months)

Baby Dolphins (16 months-3 years)

Swim diapers are required.

Levels 1-4 – 3-7+ years

Fee: \$160 member/\$235 non-member

Level 1 Suggested Age 3+

For the beginner who is comfortable in the water. Swimmers learn basics of swimming: bobbing, going underwater, supported front and back and back to front, supported gliding, supporting flutter kick, supported front crawl arms, and jumping in.

10-11am

Level 2 Suggested Age 4+

Swimmers must have already completed level 1. Swimmers will work on: independent front and back floating, independent rolling over from front to back and back to front, independent front to back glides, front crawl arms and kicks, back crawl arms and kicks, retrieving underwater objects, and jumping into water over their head.

10-11am

Level 3 Suggested Age 5+

Swimmers must have successfully completed level 2. Swimmers will work on gliding, freestyle with side breathing, backstroke, breaststroke, and dolphin kicks, retrieving objects in deep water, treading water, jumping into water, and compact dives.

11am-12pm

Level 4 Suggested Age 7+

Swimmers must have successfully completed level 3. Swimmers will work on: rotary breathing, freestyle, backstroke, elementary backstroke, scissors kick and side stroke, whip kick and breaststroke, intro to flip turn, treading water, and diving.

Gym & Swim

5 sessions

with 1 make up class offered

Gym & Swim for preschoolers is a great way to introduce your child to the gym and pool. After 30 minutes of structured games and activities using music, balls, parachute play and more, we'll head into the pool for structured lesson in the water.

Parent participation is NOT required for this class.

Fee: \$180 member/\$250 non-member

ECE: \$160 members/\$230 non-member

*ECE participants must show proof of current enrollment to receive ECE prices.

Mondays at 3:30pm

Private Swim Lessons (Youth and Adult)

- Beginning at the current level of the child or adult and working towards independent swimming skills or stroke improvement.
- This class is designed for one-on-one instruction.
- Scheduled by appointment only.
- Street shoes or strollers will be asked to leave and wait upstairs.

Angelfish

The mission of our Aquatic Therapy team is to provide individuals with a therapeutic experience that will leave a lifelong impact. Aquatic therapy allows individuals of all ages and backgrounds to gain a sense of comfort and safety in water. This environment promotes the development of confidence and independence, which is carried beyond time spent in the water.

This evidence-based treatment is especially effective for swimmers with diagnoses such as: attention difficulties, anxiety, Autism Spectrum Disorder (ASD), sensory challenges, physical disabilities, orthopedic injuries, muscle spasms, spinal stenosis, arthritis, and coordination difficulties. Aquatic Therapy consists of 30-minute one to one sessions. Our Certified Instructors work to help individuals improve motor skills, core strength, endurance, body awareness, motor planning, coordination and self-regulation.

Fee: \$50 member/\$65 non-member per 30 minutes

JCC Pre-Competitive/Trident Aquatics

Ages 6-18

Focus is on the four competitive strokes: freestyle, backstroke, breaststroke, and butterfly and also promotes the perfection of starts and turns. Designed for beginner swimmers with basic knowledge in all strokes, or the more advanced swimmer not quite ready for competition. This is an ongoing program. Please call for tryout times and appointments.

Trident Aquatics Club @ the JCC

Ages 8-18

This United States Swim Team is from September - August. There are five training groups. Placement will be based on experience, ability level and a tryout administered by the coaches. Placement is at the complete discretion of the coaches.

Triathlon Training/Masters Swim

Swim- 6am-7am Tuesdays

Run and Cycle 7am-8am (30 min each) Thursdays

You can drop in for any individual class or classes or sign up for the year.

Triathlon Training

Our Triathlon Training Program offers training options designed for athletes of all levels, from novice to expert. Throughout the program, our coaches place an emphasis on the efficiency, form and power of proper swimming, biking and running technique, while maintaining a well-rounded training schedule throughout the season. Whether you are new to the sport or an experienced triathlete, our coaches are ready to help you achieve your individual goals.

Masters Swim Only

Masters Swimming is dedicated to helping adult swimmers of all ability levels improve their swimming by developing better technique, fitness, and endurance through structured group instruction and training.

8 classes - \$80 member/\$100 non-member

24 Classes - \$200 member/\$265 non-member

Lifeguard Training

and CPR by the American Red Cross

Pre-requisite Swims:

- Swim 300 yards continuously
- Tread water without using arms (hands in armpits) for 2 minutes
- Swim 20 yards, surface dive, retrieve object, swim 20 yards with object and exit water within 1 minute, 40 seconds.

Upon successful completion, the student will be given a valid ARC certification.

Fee: \$290 member/\$385 non-member

If swims are not passed, a refund will be issued minus \$25 administration fee.

Splash/Aqua Zumba

Adult Splash classes consist of combining the resistance of water, the power of specialized water equipment to give you a non-impact, total body workout welcomes all fitness levels. This program is free to all members. Look for the group schedule for the days and times.

Gender Swims

Please check the online schedule for all gender swim times.

MUSIC INSTITUTE



Ela Seeley, *Music Institute Director* • 718.475.5263 • eseeley@sijcc.com

For over 50 years, the Dorothy Delson Kuhn Music Institute has been sharing the love of music with Staten Islanders. We offer group and private lessons for children and adults. The mission of the Dorothy Delson Kuhn Music Institute is to provide, in a community music school setting at the Jewish Community Center of Staten Island, exceptionally fine instruction in the performance, understanding and appreciation of music, particularly but not exclusively, to schoolchildren. Students learn in a non-competitive atmosphere. The Music Institute is a non-profit and non-sectarian music school. It is the only member of the National Guild of Community Arts Education on Staten Island.

Private Lessons

Private lessons may be 30, 45 or 60 minutes. Enrollment is for 30 weekly lessons from September through May/June. Special provisions are made for late registrants. Lessons are offered at two locations: the Joan and Alan Bernikow JCC and Avis/South Shore JCC.

Private lessons are available in:

Bassoon	French Horn	Saxophone
Violin	Guitar	Trumpet
Cello	Oboe	Recorder
Clarinet	Percussion	Trombone
Flute	Piano	Tuba

Parent/Child Classes:

Therapeutic Music Experiences – 3-5 years

Fee: \$225 member/\$280 non-member

10 weeks

Enjoy music making with a certified Music Therapist able to engage children with emotional and cognitive needs.

Mondays 2:30-3:30pm, Bernikow JCC



Harmony Road Keyboard Program

A unique parent/child musical program that focuses on the development of the whole child while stressing keyboard readiness. Each group course is designed specifically for the age group, reinforcing and building on their skills as they progress through the curriculum. Parent or caregiver must actively accompany the child in class. Book and CD are included for all classes. A free demonstration classes will be held one week prior to the start date.

Music in Me – 3.5-4.5 years

Fee: \$245 member/\$290 non-member

45 minutes weekly, 15 weeks

A dynamic readiness program for young children with emphasis on the ear training, solfege singing, movement, pitch and rhythm awareness, keyboard geography and finger readiness. Creativity is stressed.

Tuesdays at 3:30pm, Bernikow JCC

Harmony Road – 4.5-6 years

Fee: \$290 member/\$340 non-member

55 minutes weekly, 15 weeks

Carefully constructed for children to learn the basic building blocks of music. Emphasis on ear training, solfege singing, keyboard playing, ensemble and rhythm activities, movement and music creativity. Reading concepts are introduced gradually and basic composing activities encourage the development of the child's musical vocabulary. This exceptional course gives the student "inner hearing", which makes transposing, improvisation, and composing easily accessible in their musical studies.

Tuesdays at 4:45pm, Bernikow JCC

The Young Musician – 6-7 years

Fee: \$290 member/\$340 non-member

The Young Musician course introduces beginning students to keyboard performance and note reading in a holistic program, including the organized development of pitch, rhythm, solfege singing, keyboard and movement activities.

Tuesdays at 6pm, Bernikow JCC

Early Childhood Music Classes

Music Together of Staten Island @ the JCC birth-5 years

Fee: \$205 member/\$215 non-member

45 minutes weekly, 9 sessions

Music Together is an internationally recognized early childhood music program for babies, toddlers, preschoolers, kindergarteners, and adults who love them. The classes are based on the recognition that all children are musical. All children can learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning.

**Tuesdays at 10am and/or Sundays at 10:45am,
Bernikow JCC**

Hava Nagila: Hebrew Through Music – 4-5 years

Fee: \$105 member/\$160 non-member

10 sessions

Learn Hebrew through songs and rhymes

**Wednesdays at 4:45pm
Bernikow JCC/ECE wing**

Music, Art & Movement – 4-5 years

Fee: \$105 member/\$160 non-member

1 hour, 10 weeks

Discover the magic of music through singing, dancing and playing along in this interactive, fun and educational music class.

Class size is limited.

Bernikow JCC - Thursdays at 3:30 PM

Avis/South Shore JCC - Mondays at 3:30 PM

Introduction to Musical Theater – 7-12 years

Fee: \$225 member/\$280 non-member

10 sessions, 1 hour

If you love to sing songs from shows and musicals, then this class is for you!

Explore repertoire from musicals such as The Sound of Music, Fiddler on the Roof or Annie. Acquire basic skills for song presentation and acting. Gain confidence to perform on stage. We will train your voice and ear.

**Thursdays at 4:45pm
Bernikow JCC**

PRE-TEEN & TEEN PROGRAMS

Musicianship /Theory Classes

These classes provide enrichment through instruction in theory, ear training, musical forms, music history and general music appreciation. Participation is highly recommended. This class is included with private lesson tuition. For those not enrolled in Music Institute private lessons, a special arrangement may be made and a fee will apply.

**Date and time TBA
Bernikow JCC**

Individual Therapeutic Music Lessons

Ages 4-18

10 sessions packages available

Work one on one with a certified Music Therapist able to engage students with unique interest and abilities.

Digital Songwriting Workshops – 9-18 years

Fee: \$120 member/\$180 non-member

10 weekly sessions

Utilizing technology to create original compositions is the cornerstone of these sessions. Using applications found on the tablets and PCs, we will provide students with an experience unlike traditional means. Curriculum is focused on digital music with materials provided for the student. Workshops can be given focused around recording equipment as well as learning about maximizing use of technologies being used.

No prior experience writing songs or music needed.

**Tuesdays at 4:45pm
Bernikow JCC**





Music Programs for Adults

Adult Chamber Group

Fee: \$350 member/\$380 non-member

90 minutes weekly, 15 weeks

Take the next step and expand your repertoire while playing in an intimate group. Advance your skills to include balance, phrasing and intonation. Chamber music offers players the perfect balance between solo and orchestral performing. Open to all levels, however, you must be able to read music.

Thursdays at 2:00 PM

Bernikow JCC

Group Piano

Fee: \$160 member/\$210 non-member

1 hour weekly, 10 sessions

Tuesdays at 10:30am

Bernikow JCC

Group Guitar

Fee: \$160 member/\$210 non-member

1 hour weekly, 10 sessions

Mondays at 1:00pm

Bernikow JCC

Recorder Ensemble

Fee: Free for members/\$55 non-member

Musicians of all levels get together and enjoy playing multi-part music on an instrument that is easy to learn. Those who play compatible instruments or sing are also welcome.

Fridays at 9:30am

Bernikow JCC

Bossa Nova, Blues, and Jazz Workshops

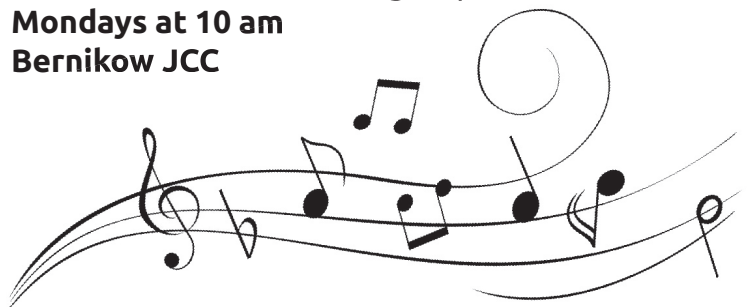
Fee: \$20 member/\$30 non-member

1 hour, once a month

Learn new skills in a small group

Mondays at 10 am

Bernikow JCC



Cultural Arts

Bella Smorgonskaya, **Cultural Arts Director** • 718.475.5262 or bsmorgonskaya@sijcc.com
Sigalit Grego, **Arts & Culture Program Coordinator** • 718.475.5276 or sgrego@sijcc.com

Cultural arts explain our world and are essential to a vibrant Jewish community. That is where our JCC fits in. Music, visual arts, literature, theater, film, and cultural trips all find expression at the J. The arts can open new ways of seeing the world, spark our imaginations and allow people to connect with ideas and concepts through a uniquely creative, Jewish lens.

Experience a world of culture through spotlight speakers, films, Q&A sessions and book signings with best-selling, popular, and emerging authors and Jewish + Israeli cultural events.

Art @ the J

We hosts bi-monthly exhibits at our Murray Berman Art @ the J Gallery. The gallery has an eclectic mix of art from local artists rotating through the beautiful setting. We also have permanent art on display throughout the building.

Dr. Esther Grushkin Seminars for Adult Jewish Education (SAJE)

This series is named for the late Dr. Esther Grushkin, an accomplished educator and Hebrew scholar who devoted her life to sharing her passion for Jewish learning. Events include lectures, musical performances, and our Rabbis lunch & learn series. Upcoming events include:

September 9, 9:30-11am

Coffee with Amy Posner
Lecture on BDS & Antisemitism

September 22, 3-5pm

Yiddish Tango from Warsaw

October 30, 7pm

Meet Uri Goren, an Israeli photographer
Trails of Israel

Trips

The Cultural Arts Department plans trips around the tristate area, including Broadway shows, amazing restaurants, and museums! Book fast, as these trips are extremely popular, and space is limited.

Trips are open to all JCC members for a fee. Transportation is included in the price.

Lunch & Learn with Dick Kuhn

A monthly series for inquiring minds, who like to explore different topics, to meet speakers and have interesting discussions every second Thursday of the month.

Book Club

Throughout the year, book lovers enjoy our monthly Book Club discussions with Barbara Kent. They usually meet on Thursdays, enjoying a cup of coffee and lovely discussions. Upcoming books include: *The House of Broken Angels* by Luis Alberto Urrea, *Everything Under* by Daisy Johnson, *Freshwater* by Akuaieke Emezi, and *Alternate Side* by Anna Quindlen.

Rabbi Series

All lectures begin at 12:30pm in the Presidents' Room.
Lunch is included.

September 19

Rabbi Joseph Potasnik, NYBR Executive Vice President

The challenges facing the Jewish people today

October 24

Rabbi Bob Kaplan, JCRC of NY

The challenges facing Jewish people today

November 21

Rabbi Sussman

Renewing the Jewish People: The "New Jews" of Africa, Latin America, and the Southern USA.

December 19

Rabbi Dr. Judah Newberger

The Apostle Paul: Unlocking the Mystery of Religious Revolution

Jewish Music Festival

Our 6th Annual Jewish Music Festival will take place in the spring at various locations around Staten Island. Stay tuned for more information!



department for people with disabilities

Tim Esposito, *Director, Department for People with Disabilities* • 718.475.5267 • TEsposito@sjcc.com

At the JCC, we specialize in helping those with disabilities. We provide developmental, social, and recreational opportunities for a wide spectrum of individuals, beginning at age three and ranging through adulthood. Our staff's mission is to provide opportunities for participants to improve social skills, which enhance their overall wellbeing. Staff are professionals working to provide stimulating experiences for our participants. We also provide inclusion programs to allow people with disabilities to participate in many of our programs outside of the department.

Dr. and Mrs. Megna Kids Club for Special Kids

Ages 6-12

September-June

Our after school program for children with ASD (Autism Spectrum Disorders) presents an opportunity for children to socialize and engage with peers in an inclusive environment. Licensed teachers facilitate activities, including yoga, swimming, basketball, and music.

Teens After School Program

Ages 13-21

September-June

Our after school program for teens with disabilities presents an opportunity for participants to be healthy, social, and active members of the community with a maximum degree of independence. Our goal is to establish the groundwork for optimal success in achieving their highest potential as they transition into adulthood. Licensed teachers facilitate activities including social skills exploration, fitness and athletics, recreational group classes, and parent communication.

Day Habilitation

Year-round

Our Day Habilitation Without Walls Program for Young Adults offers social, recreational, and vocational activities at the JCC as well as in collaboration with our partner organizations. Young adults take part in activities such as delivering meals to the homebound, stocking our food pantry, and gardening. We also take trips to various museums and other cultural organizations. Our program maintains a strong emphasis on community inclusion. We engage our participants in opportunities to be healthy, social, and active members of the community with a maximum degree of independence. Our ultimate goal for our participants is to establish the groundwork for optimal success in achieving their highest potential as they transition into adulthood.



Super Special Sundays

October-June

Children with disabilities come to the JCC for three hours of fun before the stress of the school week starts again. Each hour is devoted to a specific activity: table talk, social skills, dance and creative play, and take home arts and crafts. Support is provided by a licensed special education teacher, professional staff, and college and high school students enrolled in the Butler-funded CLASSP internship program with our agency. This program is offered two Sundays per month.

Marvin's Camp for Children with Special Needs

July/August

Marvin's Camp is a unique recreational summer program customized for children with disabilities. With a wide array of both social and developmental activities, children are engaged by professionally-supported trained staff to create some of the best memories of their summer. After seven weeks of dance classes, swimming, social skills, and field trips, the children show off their skills in a dance performance for their families and relive the summer through a picture slide show.

School's Out Programs

In collaboration with our Youth Department, children and young adults with disabilities are given opportunities to engage with their peers in an inclusive environment on holidays when school is closed. They provide students with opportunities to see their classmates and meet new friends in activities at the JCC and outings in the community.

Special Events

Special Events include concerts for people with disabilities, our annual resource fair that we cohost with Senator Andrew Lanza, and much more.

Girl Scouts

Our Girl Scout Access Troop is for girls and young adults with disabilities. If troop members attend a District 75 school, registration is free. Members must still pay dues and trip fees. Please contact Lisa Rosenfeld at lrosenfeld@sjcc.com for more information.

Disabilities Advocate Committee

Our Disabilities Advocate Committee is comprised of professionals and family members of individuals with disabilities. The committee helps the JCC develop policies, create programs, and do outreach to the community.



senior centers

Amelia Winter, *Director of Senior Centers* • 718.475.5238 • awinter@sijcc.com

The JCC has a robust offering of Senior Services island-wide. Our two Center You Neighborhood Senior Centers are located in Stapleton on the North Shore and in Greenridge on the South Shore. Our Innovative Senior Center, Center for Life Long Development (CLLD), is located Mid-Island.

Programs and services we offer include:

- Education
- Health Management
- Recreation
- Educational Lectures
- Arts & Culture
- Technology
- Meal Program
- Transportation Service
- Physical Exercise & Fitness
- Health Insurance & Care Coordination

JCC Center You Stapleton Neighborhood Senior Center

Maritza Rivera 718.981.8828 mrivera@sijcc.com

Center for Life Long Development (CLLD)

Amelia Winter 718.475.5238 awinter@sijcc.com

JCC Center You Avis Neighborhood Senior Center

Jodie Montelli 718.475.5283 jmontelli@sijcc.com

Case Assistance

The JCC provides comprehensive screenings for benefits and entitlements that can help older adults save time and money and improve their quality of life. Assistance with the following is provided at no cost and by appointment only:

- Food Pantry & Benefits
- Legal Issues
- Health Insurance
- Budgeting/Financial Counseling
- Medical Referrals
- English as a Second Language (ESL)



Evidence-Based Learning

All three of our senior centers provide evidence-based learning, which offer proven ways to help promote health and prevent disease among older adults. Older adults who participate in EBP's can lower their risk of chronic diseases and falls. They help lessen the possibility of the long-term effects of falling.

Transportation

Door-to-door transportation is available to/from the Joan & Alan Bernikow JCC for adults 60+ at the JCC during designated Center for Life Long Development (CLLD) hours and to/from the Avis/South Shore JCC during designated neighborhood Senior Center hours of operation. Free CLLD and/or neighborhood Senior Center enrollment is required to take advantage of these transportation options. our bus is lift accessible.

Virtual Senior Center

New friends are waiting for you at the Virtual Senior Center Program. See, hear, talk, and travel with them without leaving your home. Participate in meaningful, real-time, video-based conversations facilitated by trained and experienced staff. Enjoy programs that offer friendship, education, recreation, and entertainment. VSC offers diverse programs, 7 days a week. Technical training and support are provided over the phone.

Seaview Senior Housing

The JCC provides a social services professional to serve as the on-site staff coordinator for social services exclusively for residents of Seaview Senior Housing, connecting them to services throughout Staten Island.



social services

Neshama Marcus, *Chief Program Director of Community Based Programs* • 718.475.5228
•nmarcus@sijcc.com

When crisis strikes, the JCC is here to help. People facing adversity are often overwhelmed. They might have no idea what services are available or even what services they require. They need assistance navigating the road they are traveling.

That's where the JCC steps in. By partnering with other agencies, we provide a lifeline of support, guiding people toward the services they need and walking with them every step of the way.

Free Benefits/Entitlements Screening & Enrollment

Case Management provides individuals and families with a personal case manager who can help navigate the maze of services to develop strength-based individual care plans.

- SNAP Benefits (Food stamps)
- Health Insurance Options
- Utility Assistance Programs i.e. HEAP, etc. (November-May)
- Life Line/Safe Link (free cell phone)
- Access-a-Ride (For Senior Citizens/Disabled)
- Income Tax Preparation And more!

For clients under age 60, contact Devorah Weiss, LMSW, at 718.475.5245 or dweiss@sijcc.com

For clients over age 60 (North Shore), contact Maritza Rivera at 718.981.8828 or mrivera@sijcc.com

For clients over age 60 (South Shore), contact Jodie Montelli at 718.475.5283 or jmontelli@sijcc.com

Free Legal & Financial Counseling

Through UJA Federation of New York and our partnership with New York Legal Assistance Group, the JCC provides free legal support in the following areas:

- Landlord/Tenant Disputes
- Evictions/Foreclosures
- HRA/Social Security/Unemployment Benefits, etc.
- Elder Law – Will/Healthcare Proxy/Power of Attorney

We also provide free support for:

- Managing Debt
- Budgeting
- Bankruptcy, etc.

For more information, please contact Devorah Weiss, LMSW, at 718.475.5245 or dweiss@sijcc.com

Free Kosher Food Pantry

The Kosher Food Pantry is by appointment only in order to ensure personal, confidential, one-on-one services. Donations are received from the UJA Federation of NY, Shop Rite, Richmond County Savings Bank Foundation, and Food Bank of New York City, as well as many local businesses and private donations. Please contact Sara Cohen at 718.475.5242 or sacohen@sijcc.com.

Free Individual Supportive Counseling

The JCC provides one-on-one counseling sessions to older adults (age 60+) with MSW Student Interns. This counseling is provided through funding from UJA Federation of New York and partnerships with the New York University Silver School of Social Work, Columbia University School of Social Work, College of Staten Island, Yeshiva University Wurzweiler School of Social Work, Touro College, Rutgers University School of Social Work, Hunter College School of Social Work, and Fordham University.

Your counselor can assist and guide you in life's transitions and challenges, including:

- Bereavement/Grief/Loss
- Social Isolation
- Caregiver Support
- Marital Issues/Separation/Divorce
- Chronic Health Conditions
- Relationships

For more information, contact Neshama Marcus, LMSW, at 718.475.5228 or nmarcus@sijcc.com



Family solutions to memory loss

Toniann Bertonazzi, *Director of Specialized Programs in Memory Loss*, 718.475.5281 tbertonazzi@sijcc.com
The JCC offers specialized programs for Memory Loss. We have a compassionate, caring, trained, and qualified staff that is CPR/AED certified. We offer a low ratio of staff to participants to assist with participant engagement, meal preparation, and reinforcement of daily life skills. Our programs are an affordable alternative to institutional placement and in-home care.

Our day programs include:

- Nutritious, Kosher Lunch & Snacks
- Discussion Group & Current Events
- Exercise & Nutritional Counseling
- Memory Stimulation Activities
- Creative Art & Music Classes
- Gardening
- Support Group
- Specialized programs in memory loss

Some activities may be new & informative, but many are low barrier and familiar. Our staff will meet with you privately, assist you with the application and enrollment process, and answer any questions you may have. Applications are accepted on an ongoing basis.

Specialized Programs in Memory Loss

Rosemary's Place

Rosemary's
PLACE

An Early Stage Memory Center
Monday-Thursday • 10am-3pm

Rosemary's Place is the only program on Staten Island specifically geared for individuals recently diagnosed with Alzheimer's Disease/related dementias.

*Funded by the Richmond County Savings Foundation in honor of Rosemary Manzulli.

My Place

My
PLACE

Monday-Friday • 10am-2pm (3pm option available)
Our one-of-a-kind program for individuals with mild or mid-stage Alzheimer's Disease/related dementias.

Caregiver
SUPPORT CENTER

Caregiver Support Center

Allisyn Wise-Ortiz, Director of Caregiver Support Center, 718.475.5287 awise@sijcc.com

Our Caregiver Support Center offers services and support to individuals who are providing care to a loved one with Alzheimer's Disease/related dementia.

Our services include:

- Comprehensive Consultation to Review your Specific Situation
- Emotional Support
- "Powerful Tools for Caregivers" Information and Training Sessions
- Referrals for a Wide Range of Community Resources
- Support Groups



- Quality Joint Programs for You and Your Loved One
- Meditation, Yoga & Stretching
- Assistance Coordinating Long Term Care and Gathering Documentation
- Coordination of Home Health Aide Assistance (Limited)
- Incontinence & Nutritional Supplies (Limited)
- Linkage to Benefits & Entitlements, including SNAP (Food Stamps) and Medicaid

Caregiver Support Center is funded in part by grants from the New York State Department of Health and New York City Dept. for the Aging

community programs

Adult Education Programs

Rose Nova, **Director of Educational & Vocational Services** • 718.508.3881 • rnova@sjcc.com

Elaine Caputo Ferrara, **Adult Education Coordinator** 718.508.3885 eferrara@sjcc.com

Our Adult Education Programs are free and available in multiple locations around the Island. Enrollment is limited, and registration is ongoing. To register, call 718.508.3895.

HSE/ABE Preparatory Program

This program is for those 18 years of age or older who wish to prepare for the GED/TASC Exam. Classes provide students with the skills and knowledge needed to prepare for the TASC Exam (High School Equivalence Exam) in order to receive their High School Equivalency diploma. In addition, we will help all eligible students schedule their TASC Examination at local testing centers.

English as a Second Language (ESL) Program

The English as a Second Language Program offers classes to help adults to improve their English language skills. Day, evening, and Saturday classes are offered at local public schools and in community facilities throughout the year. Instruction focuses on improving reading, writing, speaking, and listening skills. The goal of the program is for students to improve their English language skills in order to better communicate with others and participate in community activities.



Health Insurance Programs

Maureen Fisher, **Director of Health Programs** • 718.981.1400 • mfisher@sjcc.com

Mercedes Vieiragomes, **Navigator Coordinator** • 718.981.1400 • mvieiragomes@sjcc.com

The JCC is committed to helping people in our community find affordable health insurance. We help over 4,000 people get health insurance annually. You do not have to be a JCC member to take advantage of these services.

JCC Community Health Insurance Program (CHIPS)

The CHIPS Staff are trained Navigators, certified through the NYS Department of Health. They assist individuals and families in enrolling in public Health Insurance Programs (Medicaid and Child Health Plus) as well as in Essential Plans and Qualified Health Plans through the New York State of Health Marketplace. The multi-lingual staff can assist people under the age of 65 with eligibility, enrollment, annual re-certification, plan selection and health literacy. Services are available at various locations with evening and weekend hours offered. There is no cost to enroll. Premiums and co-pays may apply, depending upon program. Enrollment into Medicaid, Child Health Plus and Essential Plans takes place year-round.

Call 718.981.1400 for information or an appointment.

community-based school programs

Beacon Programs

Beacon Program @ I.S. 49

Gary Ham, *Director*, 718.556.1565

Beacon Program @ Tottenville High School

Cliff Bloom, *Director*, 718.605.3033

The JCC Beacon program serves the community on the North and South Shores of Staten Island. The after school program for middle school and high school students offers a wide variety of essential services to school-age children as well as their parents and the community. The mission of the Beacon program is to provide activities that are not generally available during the school day. The Beacon program also works closely with each principal to support their ongoing academic needs. Regularly scheduled after school, evening, Saturday, and summer camp programs include academic help (STEM based), social services, recreational, leadership development, nutritional enhancements, music, dance, art, and drama. There is a registration process for enrollment into the JCC Beacon programs with applications available at each site.

SONYC Program at Eagle Academy

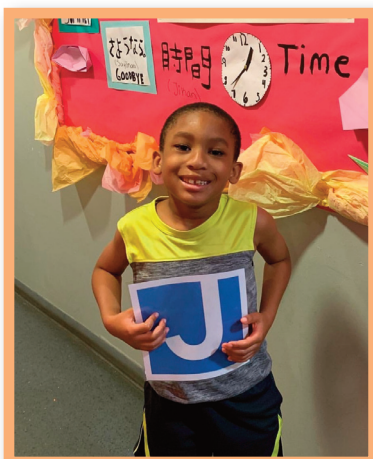
Demar Manradgh, *Director*, 718.727.6201

The JCC SONYC program serves the young scholars of Eagle Academy in the Berta Dreyfus Campus. The mission of the SONYC program is to serve middle school participants with opportunities during after school time that will allow them to develop leadership skills while strengthening their academic progress through various project-based activities such as STEM, cooking, leadership development, entrepreneurship, and recreational activities.

Adolescent Literacy at I.S. 49

Korina Toledo, *Director*, 718.556.1565

Our JCC Adolescent Literacy program provides services to students who need individualized and focused EL academic support. Students learn such things as communication, public speaking, reading and writing of literary works, as well as exploring literacy components through leadership. To enroll in the program, applications can be submitted to the Beacon or main school office.



All of our community-based school programs are funded by the Department of Youth and Community Development (DYCD), a NYC agency.

COMPASS & COMPASS EXPLORE Program @ P.S. 65

Seth Kaplan, *Director*, 347.466.4407

These programs provides after school and summer programming for elementary aged children. Similar to the JCC Beacon program, the program complements the school day by offering academics, socialization, recreation, and the arts. Parents and the surrounding community are also provided with opportunities to support the efforts of the program by civic engagement events that bring the community together. The summer camp program offered by the JCC COMPASS program is relocated to I.S. 61 for full day camp activities. To enroll in the program, applications can be submitted to the COMPASS office at P.S. 65.

Cornerstone Programs

Debra Fredrick, Cornerstone *Supervisor*, 718.619.5080

Todt Hill: Rebecca Catalan, *Director*

718.761.4393 or rcatalan@sijcc.com

Richmond Terrace: Mickell Garraway, *Director*

718.981.7942 or mgarraway@sijcc.com

Gerard Carter Center: Ranti Ogunleye, *Director*

718.981.0500 or mogunleye@sijcc.com

Youth and community programs offered in community centers in NYCHA housing on Staten Island. Programs are offered specifically for elementary school age children (after school programs and summer camps), middle school and high school students, young adults, and adults in the community. This program develops pride, community building, and spirit. The staff of the JCC Cornerstone programs primarily hail from the communities they work in.



Registration form

How to Register

1. Fill out a registration form COMPLETELY for each individual registering. Additional forms are available in the Center lobby or you may duplicate as many forms as you need.
2. Write a check to the JEWISH COMMUNITY CENTER for full tuition to cover all classes and activities requested.
3. Full payment must accompany registration or registration will not be accepted.
4. Place the registration form(s) and your check in an envelope and either address completely for mailing or see the receptionist at either JCC building. If mailing, mark the envelope "Registration."
5. No confirmation will be sent. Participants are expected at the first session as listed. You will be notified only if a class is cancelled.
6. Non-members may enroll only in those classes that show a non-member fee.
7. Not responsible for typographical errors.

Member Information

Please return to the JCC, 1466 Manor Road, Staten Island, NY 10314. Please use a separate form for each person. Call 718.475.5200 for additional forms. When listing the course code in the shaded box below, members should use the M code; non-members should use the NM.

Address	City	State	Zip
Home Phone	Cell phone	E-mail	
Child's Name	Date of Birth		
Child's Name	Date of Birth		

Please Note: We agree that the JCC and/or UJA Federation may use any photograph, videotape or record in which I/we appear, taken for purposes of publicity, and/or advertising, may be used without additional approval.

Participant's Name	Age	Course Code #	Class Name	Day/Time	Fee

Payment Information

- Platinum Member
 Gold Member
 Non-member
 Membership Expires _____
 Enclosed is my check in the amount of \$ _____ made payable to the JCC.
 Credit Card
 Visa
 MC
 Amex
 Account Number _____
 Expiration Date _____
 Signature _____

Authorization For Emergency Medical and/or Surgical Treatment

This form must be on file for all children enrolled in courses. Authorization: In case of emergency, I hereby authorize the doctor or hospital to which my child/children may be brought (and whomever they may designate as their assistant) to perform an emergency procedure or operation, to give treatment and the administration of an anesthetic to my child. I also authorize the use of my hospitalization or medical coverage as indicated below:

Child(ren) Name _____
 Address _____ Zip _____ Phone _____
 Emergency and/or work phone# must be entered here: # _____
 Name of Insurance policy : _____ Date _____ Policy # _____

Please Note: The authorization granted by this form will be used only where absolutely necessary and only after every attempt has been made to contact the parent or guardian.

signature & relationship to child



Lucille & Jay
Chazanoff

Sunrise

DAY CAMP

Staten Island, NY

Sunrise Day Camp is the world's first full-summer day camp for children with cancer and their siblings, provided completely free of charge. The Lucille & Jay Chazanoff Sunrise Day Camp-Staten Island, administered by the JCC of Staten Island, is the only day camp of its kind in New York City. The camp serves children ages 3-16 from Staten Island, Brooklyn, Manhattan, and nearby New Jersey. Located on the beautiful grounds of the Catholic Charities campus at Mount Loretto, Sunrise serves over 100 children every year. Activities include sports, music, arts & crafts, cooling off in the misting tent and splash pad, and other games. Highlights of the 2019 camp season included two carnivals, STEM programming from The Resource Room, and improvisational workshops from Illuminart.

Recognizing the extraordinary financial demands that a child's chronic illness can have on a family, Sunrise Day Camps and its year-round and in-hospital programs, Sunrise Sunday and Sunrise on Wheels are offered completely free of charge to all children being treated for cancer and their siblings, on a non-sectarian basis.

Sunrise Day Camp-Staten Island is a proud member of the Sunrise Association.

For more information, contact Sandy Haft at 718.475.5274 or shaft@sijcc.com.



Sunrise
DAY CAMP
Staten Island, NY

2019/2020 Special Events*

Sweet Sunrise Gala
Wednesday, September 18

Star of David Awards
Wednesday, November 13

Sunshine Sunday
Sunday, January 26

#RememberMe Brunch
Sunday, February 23

Dorothy Delson Kuhn Music Institute's
50th Anniversary Celebration
Saturday, March 8

Jewish Music Festival
March 14-29th

Nancy Avis L'Dor V'Dor Award Luncheon
Sunday, April 26

Honorable Mentschion
Wednesday, May 27

SunriseWALKS
Sunday, June 7

Special Events

