



Joan & Alan Bernikow  
Jewish Community Center  
of Staten Island



# PROGRAM GUIDE 2023-2024

# LOCATIONS & HOURS OF OPERATION

## Joan & Alan Bernikow JCC

1466 Manor Rd., SI, NY 10314 • 718.475.5200

Monday – Thursday 6:00 am – 9:00 pm  
 Friday 6:00 am – 7:00 pm  
 Saturday\*– Sunday 7:00 am – 4:30 pm

\*Sports & Wellness wing only for recreation.

In observance of Shabbat, any payment for services including guest passes must be made in advance.

## JCC/Berman Early Childhood Center

2221 Richmond Ave., SI, NY 10314 • 718.475.5100

Monday – Friday 7:00 am – 6:00 pm  
 Saturday – Sunday CLOSED

## Isador Aberlin/North Shore JCC

485 Victory Blvd., SI, NY 10301 • 718.475.5290

Monday & Friday 7:00 am – 6:00 pm  
 Tuesday – Thursday 7:00 am – 9:00 pm  
 Saturday – Sunday CLOSED

## Nancy & Ronald Avis/South Shore JCC

1297 Arthur Kill Rd., SI, NY 10312 • 718.475.5270

Monday – Thursday 9:00 am – 5:00 pm  
 Friday 9:00 am – 4:00 pm  
 Saturday CLOSED  
 Sunday 9:30 am – 1:30 pm

## SUNDOWN FRIDAY TO SUNDOWN SATURDAY

- No administrative business is conducted and no regular classes are scheduled.
- No money can be exchanged. If something needs to be paid for, other arrangements will be made. All Guest Passes must be paid for in advance.
- The Bernikow Pool, Gymnasiums, and Fitness Center are open on Saturdays.
- The JCC is a Glatt Kosher facility. Please do not bring in any outside food that is not Kosher.

## HOLIDAY OBSERVANCES

	NORTH SHORE	BERMAN	SOUTH SHORE	BERNIKOW
Monday, September 4	Labor Day	Closed	Closed	8am - 5pm
Friday, September 15	Erev Rosh Hashanah	Close at 3pm	Close at 3pm	Close at 3pm
Saturday, September 16	Rosh Hashanah	Closed	Closed	Closed
Sunday, September 17	Rosh Hashanah	Closed	Closed	Closed
Sunday, September 24	Erev Yom Kippur	Close at 3pm	Close at 3pm	Close at 3pm
Monday, September 25	Yom Kippur	Closed	Closed	Closed
Friday, September 29	Erev Sukkot	Close at 5pm	Close at 5pm	Close at 5pm
Saturday, September 30	Sukkot	Closed	Closed	Closed
Sunday, October 1	Sukkot	Closed	Closed	Closed
Friday, October 6	Erev Shemini Atzeret	Close at 5pm	Close at 5pm	Close at 5pm
Saturday, October 7	Shemini Atzeret	Closed	Closed	Closed
Sunday, October 8	Simchat Torah	Closed	Closed	Closed
Monday, October 9	Columbus Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Saturday, November 11	Veterans Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Thursday, November 23	Thanksgiving Day	Closed	Closed	8am - 12pm
Thursday, December 7	Chanukah 1st Candle Lighting	Open	Open	Open Reg. Hours
Sunday, December 24	Christmas Eve	Closed	Closed	Open Reg. Hours
Monday, December 25	Christmas Day	Closed	Closed	8am - 12pm
Sunday, December 31	New Year's Eve	Closed	Closed	Open Reg. Hours
Monday, January 1	New Year's Day	Closed	Closed	8am - 12pm
Monday, January 15	Martin Luther King Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Thursday, January 25	Tu B'Shvat	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Monday, February 19	President's Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Sunday, March 24	Purim	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Monday, April 22	Erev Passover	Close at 3pm	Close at 3pm	Close at 3pm
Tuesday, April 23	1st Day of Passover	Closed	Closed	Closed
Wednesday, April 24	2nd Day of Passover	Closed	Closed	Closed
Sunday, April 28	Erev Passover	Close at 5pm	Close at 5pm	Close at 5pm
Monday, April 29	7th Day of Passover	Closed	Closed	Closed
Tuesday, April 30	8th Day of Passover	Closed	Closed	Closed
Sunday, May 12	Mother's Day	Closed	Closed	Open Reg. Hours
Tuesday, May 14	Israeli Independence Day	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Saturday, May 26	Lag B'Omer	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours
Monday, May 27	Memorial Day	Closed	Closed	8am - 5pm
Tuesday, June 11	Erev Shavuot	Open	Open	Close At 5pm
Wednesday, June 12	Shavuot	Closed	Closed	Closed
Thursday, June 13	Shavuot	Closed	Closed	Closed
Sunday, June 16	Father's Day	Closed	Closed	Open Reg. Hours
Wednesday, June 19	Juneteenth	Closed	Closed	7am - 6 pm
Thursday, July 4	Independence Day	Closed	Closed	8am - 5pm
Tuesday, August 13	Tisha B'av	Open Reg. Hours	Open Reg. Hours	Open Reg. Hours



Lisa Lubarsky, Director of Membership and Community Engagement  
 718.475.5223 • llubarsky@sijcc.com

# MEMBERSHIP

The JCC has multiple locations, beautiful facilities, and tons of programs for members to enjoy.

## MORE THAN A MEMBERSHIP

As we live in a constantly changing world, our programs and services evolve in order to enrich the lives of all individuals and families. Whether it's indoor, outdoors, or virtually, we invite you to... Swim. Spin. Shoot hoops. Challenge your mind. Meet popular authors and inspiring speakers. Participate in community service. Learn to play a musical instrument. Enjoy the outdoor day camp experience. Prepare for college. Get support. Play canasta. Make lifelong friends. Fuel the mind after-school. Have a meal. Paint a masterpiece. Navigate the parenting journey. Experience Early Childhood Education. Get fit with a personal trainer.

The JCC values diversity and welcomes all to be part of our community.

The JCC offers several different membership category options to best meet individual needs and budget.

BENEFITS	WellPro	Wellness	Program	Summer Swim Club
Discounts on programs	J	J	J	
Bernikow Fitness Center & Group Exercise Classes	J	J		
Spin Studio	J	J		
Indoor Pool & Jacuzzi	J	J		
Full service locker rooms, steam & sauna	J	J		J
Basketball gymnasiums	J	J		
Outdoor Pool & Swim Club	J			J
Cards & Mahjong at Bernikow building	J		J	
Private family changing room	J	J		

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## FAMILY & ISRAEL PROGRAMS

### **\*NEW\*** MY GROWN UP & ME

In conjunction with Happy Day Play, we are offering classes that parents and young children can participate in together.

### **\*NEW\*** PARENT TO BE CLASSES

In collaboration with Richmond University Medical Center, we are offering lectures on different topics for expecting parents. Speakers will include obstetricians, lactation consultants, and pediatricians.

### FALL HARVEST FESTIVAL – SEPT. 10

Free outdoor festival at the Bernikow Building with inflatables, fun activities, crafts, music, sports & fitness demos, and more! Festival will move inside in inclement weather.

*The JCC is committed to providing programs that the whole family can enjoy together. This year, we're also celebrating Israel's 75th Anniversary with several family programs! Below are just a few of the family programs we have coming up this year:*

### PET, PICK & PLAY

This fun event in the Bernikow Building Early Childhood Playground features animals from Wild Side Petting Zoo!

### SUKKOT CELEBRATION

Crafts and snacks in the Sukkah, shaking the lulav and etrog, and sing-a-long fun!

### ISRAELI COOKING CONTEST

To celebrate Israel at 75, our Kosher Food Pantry will launch a series of recipes highlighting Israeli flavors and cuisine, as well as a recipe contest where clients will vote for their favorite recipe done at home using pantry items.

### VETERANS DAY HIKE

We will host a 3-mile walk/run through Clove Lakes Park to celebrate and honor our Veterans.

### AMAZING ISRAEL RACE

Bring your whole family to compete in an Israeli-style Amazing Race!

### FAMILY POOL PARTIES

Join us throughout the year for family pool parties in our indoor and outdoor pools.

### ISRAELI COMEDY SHOW

Have some laughs with us as we enjoy Jewish humor!

### FAMILY HIKE

Environmental Educator leads families on an interpretive hike! Includes snacks and drinks. Hike takes place at the Greenbelt Nature Center.

### ISRAEL TRIVIA NIGHT

Test how much you know about Israel!

### CHANUKAH FAMILY PARTY

Chanukah Themed Show followed by activities including donut decorating, dreidel spinning, and menorah making!

### JEWISH MUSIC LIVE IN CONCERT

Violin and accordion duo-Karolina Mikolajczyk and Iwo Jedunecki will perform music by Jewish composers in honor of Israel at 75.

### MLK WEEK OF SERVICE

In honor of Martin Luther King Jr. Day, join us for various service projects throughout the borough.

### ECO EVENT

Celebrate Tu B'Shvat (the new year of the trees) by doing crazy science earth activities like toilet paper art, recyclable games, and preparing healthy snacks.

### ISRAELI BOOK EVENT

Join us at this special PJ Library event featuring books celebrating Israel.

### PURIM CARNIVAL

Grab your best costume and join us for a carnival full of inflatables, crafts, hamantaschen baking, and other Purim activities.

### LAG B'OMER PICNIC

Join us in the Bernikow Building Early Childhood Playground as we dance to our favorite tunes, enjoy a picnic dinner, and make scrumptious fireless s'mores!







Thomas Baker, Fitness Coordinator  
718.475.5214 • [tbaker@sjcc.com](mailto:tbaker@sjcc.com)

### TEEN TUNE UP

Ages 13 - 15  
Children under the age of 16 are only permitted in the Fitness Center after undergoing a Teen Tune-Up Certification Course. This allows youth to be trained on the concepts of fitness and teaches them facility etiquette.

### REIKI

Reiki is a comforting spiritual healing technique that encourages stress relief. Open for free to JCC and CLLD members. Email Lisa at [llubarsky@sjcc.com](mailto:llubarsky@sjcc.com) to sign up for an individual workshop.

### PHYSICAL THERAPY

Todd Wohl Physical Therapy, run by Todd Wohl, MSPT, is a proud partner in our Wellness Center. The physical therapy office is located in the Bernikow Building next to the Fitness Center inside the Spa. The hours of operation are Mondays & Wednesdays 9am - 1pm, Fridays 9am - 4pm. Most major insurances are accepted. For more information or to schedule an appointment, call 718.475.5261.

## FITNESS & WELLNESS

Work out with us in the spacious Dr. Ron & Nancy Avis Fitness Center! As part of your membership, you get access to our 5,000 square feet of equipment and training areas!

### GROUP EXERCISE CLASSES

We offer our members a variety of free fitness classes, including yoga, Zumba, Pilates, barre, cycling, and aqua aerobics. We also offer family fitness classes that adults and children can take together.

Our newest classes include Solstice Yoga Board Class, Teen/Adult Powerlifting, and Krav Maga.

Learn more at [SIJCC.org](http://SIJCC.org)

### PERSONAL TRAINING

We offer specialized personal training, led by trainers who have a passion for fitness and are ready to help you get in shape. To schedule an appointment, call the Fitness Desk at 718.475.5210.

#### 30-minute sessions \$45 per half hour

- 3 for \$99 (1-time intro special offered at point of evaluation/orientation)
- 5 for \$210 (\$42 per session)
- 10 for \$390 (\$39 per session)
- 20 for \$720 (\$36 per session)

#### 60-minute sessions \$65 per hour

- 5 for \$300 (\$60 per session)
- 10 for \$550 (\$55 per session)
- 20 for \$1,000 (\$50 per session)

#### Partner Training

- One-hour session, two people (\$90 per session)
- 5 one-hour sessions for \$425





# SPORTS & RECREATION

We offer year-round programming for athletes of all ages at multiple sites. Our mission is to deliver a variety of thriving recreational activities for the community that helps improve the quality of life for all.

## SOCCKER

Ages 7-14

Our “goal” is to provide a fun and structured environment for each participant which will help to prepare them for skilled athletic participation! In our soccer program, participants work on personal skills, as well as game play. This program runs throughout the year, and we also host our soccer camp in the summer.

## BASKETBALL

Ages 4-14

### Core 24 Training

Core 24's mission is to teach, develop, organize, manage, and offer youth players the opportunity to learn the fundamental skills of basketball while instilling life-lessons and values such as character, teamwork, discipline, respect, and sportsmanship. This program is designed to introduce the game of basketball to beginners as well as improve current players' skills. The program runs year-round, and we also host our basketball camp in the summer.

### Private Lessons

Along with our training classes, we offer private lessons. This gives the participant a chance to receive personal attention to work on individual skills. Our trainers will adjust their teaching to each of the player's needs.

### Travel Teams

We also offer CYO and other league travel teams throughout the year. The times and age range vary each season. Please reach out to our Travel Basketball Coordinator, Mike Reape at [mreape@sjcc.com](mailto:mreape@sjcc.com) for more information.

Our experienced instructors are able to engage each participant to help build their athletic skills, as well as providing a way to help increase self-confidence and social development. We strive to maintain a friendly and supportive environment for all.

## TENNIS

### Seasonal Sessions

Participants ages 6-13 will work on their tennis skills in a group setting with our JCC tennis instructor. Practice your forehand, backhand, volley, serve, and game play!

### Private Lessons

Along with our group sessions, we offer 1 hour long private lessons for all ages. Work on your tennis skills on a more personal level to achieve your goals!



## PICKLEBALL

### Open Play Pickleball

We host open play pickleball for members only multiple times a week at both our indoor Bernikow and Avis locations! Sign up required.

### Group Lessons

Our certified instructors also teach the sport in group lesson format for any members or nonmembers from beginners to advanced players. Be sure to sign up and check out our new pickleball launching machine! Stay tuned for upcoming rating sessions and other pickleball events such as Glow Parties and Tournaments!



Nicholas DeLissio, Director of Sports & Recreation  
[ndelissio@sjcc.com](mailto:ndelissio@sjcc.com)

## TABLE TENNIS

We offer Adult Open Play Table Tennis for members only throughout the week. Bring a paddle, ball, and join some JCC members to play table tennis. All skill levels encouraged!

## VOLLEYBALL

### Drop-In

From September-June, we offer adults the chance to gather to play the fun sport of volleyball at our Bernikow building weekly! Sign up required.

### Youth Program

Coming soon! This program will be designed to introduce the game of volleyball to beginners as well as improve current players' skills.

## GYM RENTALS

Our indoor gymnasiums feature basketball courts, indoor soccer, pickleball courts, and volleyball courts, as well as an outdoor sports field for rent based on availability. Contact [ndelissio@sjcc.com](mailto:ndelissio@sjcc.com) for any inquiries.

## OPEN BASKETBALL GYMNASIUM SCHEDULE

JCC Members can use our Bernikow building's first floor basketball gym and Avis building's basketball gym during select times throughout the day when gym space is available.





Irina Zaviyalova OLY, Director of Aquatics Programing & Operations  
718.475.5215 • izaviyalova@sijcc.com



### **\*NEW\*** JCC SWIMMING ACADEMY

Small group lessons for children ages 2-14  
10 weeks, 45-minute classes. Session runs 10/9-12/21  
Minimum registration required  
Once a week: \$280 member / \$330 non-member  
Twice a week: \$420 member / \$540 non-member

#### **Baby Nemos** – 2-4 years

Sundays 9am or 10am *Classes include parents*

#### **Tadpoles** – 4-6 years

Beginners: SUN. 9, 10, or 11am; MON.-THUR. 3:30-4pm

Intermediate: SUN. 11am; MON. & WED. 3:30-4pm

Advanced: TUES. & THUR. 3:30-4pm

#### **Stingrays** – 7-10 years

Beginners: SUN. 9, 10, or 11am; MON.-THUR. 4:15pm

Intermediate: SUN. 11am; MON. & WED. 4:15pm

Advanced: TUES. & THUR. 4:15pm

#### **Sharks** – 11-14 years

Beginners: SUN. 9am; MON.-THURS. 5:15pm

Intermediate: MON. & WED. 5:15pm

Advanced: SUN. 10am; TUES. & THUR. 5:15pm

### SPLASH/AQUA ZUMBA

Adult Splash classes consist of combining the resistance of water and the power of specialized water equipment to give you a non-impact, total body workout. All fitness levels welcome. This program is free for all members.

### LIFEGUARD TRAINING AND CPR BY THE AMERICAN RED CROSS

#### LIFEGUARD CERTIFICATION

\$300 member / \$400 non-member

Fee includes pocket mask and certifications

Prerequisite Swims:

- Swim 300 yards continuously
- Tread water without using arms (hands in armpits) for 2 minutes
- Swim 20 yards, surface dive, retrieve object, swim 20 yards with object and exit water within 1 minute, 40 seconds

If swims are not passed, a refund will be issued minus \$25 administration fee.

#### LIFEGUARD RECERTIFICATION COURSES

\$160 member / \$185 non-member

CPR Only: \$95 member / \$115 non-member

The purpose of this course is to help participants achieve recertification in Lifeguard Training without having to take the full content course. Includes Lifeguarding Skills as well as CPR/AED for the professional rescuer and healthcare providers and First Aid – 2 Year Certification.



## AQUATICS

Grab your suit and dive in with us! The JCC has both a Jr. Olympic size indoor pool as well as an outdoor pool that is open in the summer months. We offer group and private lessons, aquatic therapy, lifeguard training, a swim team, and more.

### PRIVATE LESSONS FOR CHILDREN & ADULTS

Ages: 4 months & up • 30-Minute session \$35 member / \$50 non-member • 10-pack, 30-Minute sessions \$315 member / \$450 non-member

### GROUP SWIM LESSONS

6 sessions with one make-up class offered, refunds not permitted.

### GENDER SWIMS

Please check the online schedule for all gender swim times.

### JCC PRE-COMPETITIVE/TRIDENT AQUATICS

Ages 6 – 18

Focus is on the four competitive strokes: freestyle, backstroke, breaststroke, and butterfly and promotes the perfection of starts and turns. Designed for beginner swimmers with basic knowledge in all strokes, or the more advanced swimmer not quite ready for competition. This is an ongoing program. Please call for tryout times and appointments.

### TRIDENT AQUATICS CLUB @ THE JCC

Ages 8 – 18

This United States Swim Team is from September to August. There are five training groups. Placement will be based on experience, ability level and a tryout administered by the coaches. Placement is at the complete discretion of the coaches.



# EARLY CHILDHOOD EDUCATION

At the JCC's Early Childhood Center, our programs are sensitive to each child's unique talents and strengths. We pride ourselves on creating fun, hands-on learning opportunities for all. We are dedicated to providing children with a strong educational foundation. Our thematic curriculum allows children to discover and grow in loving, nurturing and engaging environments. We provide opportunities for creative problem solving, decision-making, and leadership skills. Parent involvement

## INFANT & TODDLER DAYCARE

12-month, full-day program, 7am – 6pm  
 Five day a week program available at all sites  
 Ages 3 months – 2.9 years  
 Available at Bernikow and Berman locations. Two or three day a week schedule available at Berman. The JCC's Daycare program provides your child with a full day of activities, security, and care in an environment that stimulates their growth in all areas of development.

## 3-K & PRE-K FOR ALL

The JCC is proud to partner with the NYC Department of Education to offer FREE 3-K and Pre-K For All. 3-K & Pre-K For All are offered at all four of our locations. We offer flexible scheduling and small class sizes. Extended day options for working families are available 7 am – 6 pm. Extended day offers soccer, music, swim, and enrichment activities such as Smart Table Technology (activities vary by location). The program includes family engagement opportunities. To learn more about our programs, or to schedule a tour, please call any of our locations. Apply through the Department of Education website (application period begins in late winter/early spring) [myschools.nyc/en](https://myschools.nyc/en)

is key to our children's success in school. We welcome a partnership with you and your family. Just as each child is unique, so is each family. With this in mind, we offer a variety of flexible schedules and programs to best suit your family's needs. All programs are staffed with caring and experienced professionals. Our teachers are certified by the State Education Department of New York, and we are licensed by the Department of Health's Bureau of Day Care.

## PILOT PRESCHOOL SUMMER PROGRAM

Full day options available at the Bernikow JCC and Avis/South Shore buildings.

## PJ LIBRARY

PJ Library is a free community program bringing age-appropriate Jewish themed books and CDs each month to registered children ages 6 months – 8 years. Participation is open to all. To register for this FREE program, [visitnewyork.pjlibrary.org](https://visitnewyork.pjlibrary.org)

## ALMA HARTER LIBRARY

The Alma Harter Children's Library is housed at the Staten Island Bank & Trust Foundation Early Childhood wing at the Bernikow JCC. This library gives children access to books that keep them entertained while fostering a lifelong love of literature. The library is named for Alma Harter, the JCC's first Early Childhood Director. To make a donation or to add books to our library, please call Jayne Smith at 718.475.5265.



Jayne Smith, Chief Program Dir. of Early Childhood & Disabilities Services 718.475.5265 • [jsmith@sijcc.com](mailto:jsmith@sijcc.com)

Dawn Gallis, MS.Ed./MS.Sp.Ed., Dir. of Early Childhood Services 718.475.5100 • [dgallis@sijcc.com](mailto:dgallis@sijcc.com)

Rachel Engel, ECE Coordinator-Bernikow 718.475.5230 • [rengel@sijcc.com](mailto:rengel@sijcc.com)

Stephanie Prasenski, ECE Coordinator-Avis/South Shore 718.475.5224 • [sprasenski@sijcc.com](mailto:sprasenski@sijcc.com)

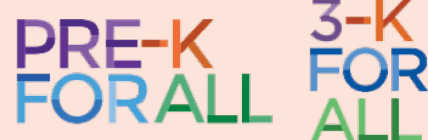
Stacey Rosen-Tricarico, ECE Coordinator-Aberlin/North Shore 718.475.5286 • [srosentricarico@sijcc.com](mailto:srosentricarico@sijcc.com)

## JOIN US FOR THESE SPECIAL FAMILY ECE EVENTS!

- **Family Fridays**  
Join us for monthly family activities at 3:30pm after school at each of our locations.
- **Shalom Sesame - The Case of the Missing Menorah!**  
Celebrate Chanukah Israeli style! Join us for a movie and special snack. December 12, 4-6pm at the Bernikow JCC.
- **ECE Art Show**  
February 2024
- **Dr. Seuss' Birthday**  
Celebrate 120 years of Dr. Seuss with us on March 2, 1-3 pm at the Bernikow JCC.
- **Party Like a Preschooler**  
This annual event will be back in May 2024!

## EARLY CHILDHOOD EDUCATION IS OFFERED AT:

- **Joan & Alan Bernikow JCC**  
1466 Manor Road • 718.475.5230
- **Nancy & Ronald Avis/South Shore JCC**  
1297 Arthur Kill Road • 718.475.5224
- **Isador Aberlin/North Shore JCC**  
485 Victory Boulevard • 718.475.5290
- **JCC/Berman Early Childhood Center**  
2221 Richmond Avenue • 718.475.5100







Michelle Kahn, First Foot Forward Director  
718.475.5100 • mkahn@sijcc.com

To receive services, children need to be evaluated at an approved evaluation site. Program eligibility is recommended by the Department of Education's Committee on Preschool Special Education and is based upon the individual needs of your child. We welcome children of all faiths and nationalities. All services (evaluations, transportation, tuition) are at no direct cost to parents.

### SERVICES OFFERED

- Individualized instruction in small center-based or integrated settings
- Full day, 10- or 12- month options
- Evaluations
- Therapy (Speech, Occupational, Physical, and Counseling)
- Music/Movement enrichment experiences
- Parent support groups
- Door-to-door transportation
- Smart table technology
- Related Services (therapy is provided around your child's preschool schedule)

### CLASSES AND RELATED SERVICES ARE AVAILABLE AT THREE JCC LOCATIONS:

- **Joan & Alan Bernikow JCC**  
1466 Manor Road • 718.475.5230
- **Nancy & Ronald Avis/South Shore JCC**  
1297 Arthur Kill Road • 718.475.5224
- **JCC/Berman Early Childhood Center**  
2221 Richmond Avenue • 718.475.5100



## FIRST FOOT FORWARD

*The JCC has over 30 years of experience serving preschool children with special needs! First Foot Forward is dedicated to assisting children 2.5 to 5 years old with developmental needs. Our individualized curriculum allows children to reach their full potential in a warm, nurturing environment. New York City and State fund First Foot Forward programming.*

### First Foot Forward specializes in helping children with:

- Speech/Language Delays
- Socialization Concerns
- Developmental Delays
- Poor Motor Skills
- Sensory Needs
- Autism Spectrum Disorder





# CAMP

For more than 90 years, JCC Day Camp has provided a summer camp experience for thousands of children guided by the principles of safety, fun, discovery, friendship, and values.

Our staff lies at the center of the camp's success. Our staff is screened for maturity, creativity, a sense of responsibility and spirit. They are required to attend pre-camp trainings that emphasize children's safety and well-being and stresses their important role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

Your child's summer camp schedule will be packed with a wide range of activities ranging from baseball and soccer to music, arts and crafts, animal encounter and a daily swim. Spectacular weekly shows and special event days are sure to enthrall the children. We have a picturesque 75-acre campsite nestled in Staten Island's Greenbelt that features three Olympic sized pools, multi-purpose athletic fields, archery range, boating ponds, an outdoor theater, and a state-of-the-art ropes challenge course. Our Camp is American Camping Association accredited, ensuring that we are committed to providing your child with a safe and nurturing environment.

You can learn more at our camp open houses throughout the year or by appointment. Visit our website at [camp.SIJCC.org](http://camp.SIJCC.org)



Glenn Wechsler, MSW, Chief Program Director of Youth & Camping Services  
718.475.5231 • [gwechsler@sjcc.com](mailto:gwechsler@sjcc.com)

David Lutzker, Sunrise Day Camp Director  
718.475.5119 • [dlutzker@sjcc.com](mailto:dlutzker@sjcc.com)

## SPECIALTY CAMPS

We offer specialty camps in sports, including basketball, soccer, and aquatics. For more information, visit [SIJCC.org](http://SIJCC.org)



### LUCILLE & JAY CHAZANOFF SUNRISE DAY CAMP - STATEN ISLAND

Sunrise Day Camp is the world's first full-summer day camp for children with cancer and their siblings, provided completely free of charge. The Lucille & Jay Chazanoff Sunrise Day Camp-Statens Island is the only day camp of its kind in New York City. The camp serves children from Staten Island, Brooklyn, Manhattan, and nearby New Jersey. The camp, which is located on the grounds of Staten Island Academy, serves over 160 children every year. Activities include sports, music, arts & crafts, swimming, and other games. Recognizing the extraordinary financial demands that a child's chronic illness can have on a family, Sunrise Day Camp and its year-round and in-hospital programs are offered completely free of charge to all children being treated for cancer and their siblings, on a non-sectarian basis. Sunrise Day Camp-Statens Island is a proud member of the Sunrise Association. For more information, contact David Lutzker at [dlutzker@sjcc.com](mailto:dlutzker@sjcc.com)



## COMMUNITY-BASED CAMPS

We offer free camp programs at our Cornerstone, Beacon, and COMPASS sites. These programs continue the work we do at these sites throughout the year, teaching leadership skills and encouraging academic success, while also allowing kids to enjoy summer fun. We also operate several Summer Rising sites in conjunction with the Department of Education.







Glenn Wechsler, MSW, Chief Program Director of Youth & Camping Services  
718.475.5231 • gwechsler@sijcc.com

## TEEN PROGRAMS

### ITEENS

iTeens allows teens to give back to the community through chesed projects. We are guided by the Jewish value of Tikkun Olam—healing our not yet perfect world. At iTeens, we do a range of community service projects, from beach clean ups to volunteer work. During our meetings, we play in the gymnasium, swim in the pool, play board games, and more. Service hours are offered. iTeens meets once a week at the Bernikow JCC.

### TEEN MEMBERSHIP

Teen membership is for teens in grades 7 – 12 who are not part of a family membership. Documentation showing grade is required. Teen members ages 13 – 15 must take a free Teen Tune Up course before using the Fitness Center. Contact our Membership Department at 718.475.5223 or membership@sijcc.com for details. It is not applicable for camp.

### YSI DRIVER EDUCATION PROGRAM

The JCC contracts with a local vendor to provide a Driver Education program for new drivers 16 years and older. For more information, call 718.851.1876.

## YOUTH, TEEN & YOUNG ADULT PROGRAMS

### YOUTH PROGRAMS

#### EXPLORERS AFTER SCHOOL

Our after school program at the Bernikow JCC aims to educate the whole child through various kinds of activities that stimulate the mind, body, and spirit. We also offer an inclusion program for those who would benefit from it. Interview required for enrollment. Serving students entering K–8. Explorers is a drop-off only program that is open on school days from 2:30-7pm and on DOE half days from 11:30am-7pm. Program is subject to enrollment.

#### SCHOOL'S OUT PROGRAMS

When school is out, we're having fun! Kids enjoy exciting days of swimming, crafts, games, trips, and more! School's Out programs are open to grades K-8 and run 9am - 3pm with extended hours available 8am - 9am and 3pm - 5pm for an additional fee. Programs are subject to enrollment.

#### JUNIOR LOUNGE & MIDDLE SCHOOL MADNESS

FREE member \$25 non-member  
Throughout the year, we offer Saturday night activities at the Bernikow JCC. Kids in grades K-8 can enjoy games, swimming, crafts, and more at these events.



## YOUNG ADULT PROGRAMS

### JCC YOUNG LEADERS

Our Young Leaders group is a group of young professionals in their 20s and 30s looking to give back to our community. The group offers networking, socialization, and fundraising opportunities. Contact Allison Cohen at acohen@sijcc.com for more information.



# COMMUNITY-BASED SCHOOL PROGRAMS

All of our community-based school programs are funded by the Department of Youth and Community Development (DYCD), a NYC agency.

## BEACON PROGRAMS

**I.S. 49**  
718.556.1565  
**Tottenville High School**  
Cliff Bloom, Director  
718.605.3033 • cbloom@sijcc.com

The JCC Beacon program serves the community on the North and South Shores of Staten Island. The after school program for middle school and high school students offers a wide variety of essential services to school-age children as well as their parents and the community. The mission of the Beacon program is to provide activities that are not generally available during the school day. Regularly scheduled after school, evening, Saturday, and summer camp programs include academic help (STEM-based), social services, recreational, leadership development, nutritional enhancements, music, dance, art, and drama. There is a registration process for enrollment into the JCC Beacon programs with applications available at each site.

## SONYC PROGRAM AT EAGLE ACADEMY

Jeanette Velasquez, Director  
718.727.6201 x3313/14 • jvelasquez@sijcc.com

The JCC SONYC program serves the young scholars of Eagle Academy in the Berta Dreyfus Campus. The mission of the SONYC program is to serve middle school participants with opportunities during after school time that will allow them to develop leadership skills while strengthening their academic progress through various project-based activities such as STEM, cooking, leadership development, entrepreneurship, and recreational activities. The goal of the Eagle SONYC program is also to facilitate the transition of adolescent boy students from middle school to high school, by providing academic and social-emotional support.



## ADOLESCENT LITERACY AT I.S. 49

718.556.1565  
Our JCC Adolescent Literacy program provides services to students who need individualized and focused EL academic support. Students learn such things as communication, public speaking, reading, and creative writing, as well as exploring literacy components through leadership. To enroll in the program, applications can be submitted to the Beacon or main school office.



## COMPASS & COMPASS EXPLORE

**P.S. 65**  
Seth Kaplan, Director  
347.466.4407 • skaplan@sijcc.com

These programs provide after school and summer programming for elementary aged children. Similar to the JCC Beacon program, the program complements the school day by offering academics, socialization, recreation, and the arts. Parents and the surrounding community are also provided with opportunities to support the efforts of the program by civic engagement events that bring the community together. The summer camp program offered by the JCC COMPASS program is relocated to I.S. 61 for full day camp activities. To enroll in the program, applications can be submitted to the COMPASS office at P.S. 65.



Daisy Olivencia, Chief Experience Officer 718.475.5248 • dolivencia@sijcc.com  
Debra Fredrick, Chief Program Director for Community Services 718.981.0500 • dfredrick@sijcc.com

## CORNERSTONE PROGRAMS

**Todt Hill** 917.830.0455  
**Richmond Terrace** 718.981.7942  
**Gerard Carter Center** 718.981.0500  
Oliver Perry, Director • operry@sijcc.com

The Cornerstone programs offer free services to the families and surrounding community at centers based inside of the NYCHA housing developments on Staten Island. Programs are offered specifically for elementary school age children (after school programs and summer camps), middle school and high school students, young adults, and adults in the community. This program develops pride, community building, and spirit. The staff of the JCC Cornerstone programs primarily hail from the communities they work in. In addition, the centers partner with local community-based organizations to provide opportunities to young adults and teens. In partnership with SYEP, youth are offered employment opportunities and career trainings.







## DEPARTMENT FOR PEOPLE WITH DISABILITIES

*At the JCC, we specialize in helping those with disabilities. We provide developmental, social, and recreational opportunities for a wide spectrum of individuals, beginning at age three and ranging through adulthood. Our staff's mission is to provide opportunities for participants to improve social skills, which enhance their overall well-being. Staff are professionals working to provide stimulating experiences for our participants. We also provide inclusion programs to allow people with disabilities to participate in many of our programs outside of the department.*

### DAY HABILITATION

*Year-round*

Our Day Habilitation Without Walls Program for Young Adults offers social, recreational, and vocational activities at the JCC as well as in collaboration with our partner organizations. Young adults take part in activities such as delivering meals to the homebound, stocking our food pantry, and gardening. We also take trips to various museums and other cultural organizations. Our program maintains a strong emphasis on community inclusion. We engage our participants in opportunities to be healthy, social, and active members of the community with a maximum degree of independence. Our ultimate goal for our participants is to establish the groundwork for optimal success in achieving their highest potential as they transition into adulthood.



*Stacey Smith, Director of Department for People with Disabilities  
718.475.5267 • [stsmith@sijcc.com](mailto:stsmith@sijcc.com)*

### DR. AND MRS. MEGNA KIDS CLUB FOR SPECIAL KIDS

*Ages 6 – 12, September – June*

Our after school program for children with ASD (Autism Spectrum Disorders) presents an opportunity for children to socialize and engage with peers in an inclusive environment. Licensed teachers facilitate activities, including yoga, swimming, basketball, and music, cooking, arts & crafts and homework help.

### TEENS AFTER SCHOOL PROGRAM

*Ages 13 – 21, September – June*

Our after school program for teens with disabilities presents an opportunity for participants to be healthy, social, and active members of the community with a maximum degree of independence. Licensed teachers facilitate activities including social skills exploration, fitness and athletics, recreational group classes, and parent communication.

### MARVIN'S CAMP FOR CHILDREN WITH SPECIAL NEEDS

*July/August*

Marvin's Camp is a unique recreational summer program customized for children with disabilities. With a wide array of both social and developmental activities, children are engaged by professionally trained staff to create some of the best memories of their summer. After seven weeks of dance classes, swimming, social skills, and field trips, the children show off their skills in a dance performance for their families and relive the summer through a picture slideshow.

### SCHOOL'S OUT PROGRAMS

In collaboration with our Youth Department, children and young adults with disabilities are given opportunities to engage with their peers in an inclusive environment on holidays when school is closed. They provide students with opportunities to see their classmates and meet new friends.

### SPECIAL EVENTS

Special events include concerts for people with disabilities, our annual resource fair that we cohost with Senator Andrew Lanza, Reel Abilities Film Festival, and much more.

### GIRL SCOUTS

Our Girl Scout Access Troop is for girls and young adults with disabilities. If troop members attend a District 75 school, registration is free. Members must still pay dues and trip fees. Please contact Lisa Rosenfeld at [lrosenfeld@sijcc.com](mailto:lrosenfeld@sijcc.com) for more information.

### INCLUSION PROGRAM

We offer inclusion opportunities in many of our programs for those who would benefit from it. Interview required for enrollment.





# DR. ESTHER GRUSHKIN CENTER FOR ARTS + CULTURE

The Dr. Esther Grushkin Center for Arts + Culture is proudly dedicated to offering the finest cultural arts programs, performances, special events, and classes to our community. Our ongoing cultural arts efforts help build bridges between the Jewish community and the wider community at large. The Center offers lectures focused on issues and topics that resonated with Dr. Esther Grushkin, including philosophy, the Bible, biblical archaeology, Jewish culture, and more. We also offer film screenings, theatre and overnight trips, and other cultural celebrations. The Center provides a meaningful and inspiring way to learn, socialize, and stay in touch with our Jewish heritage.

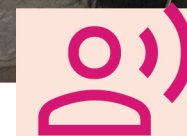
Join us in November as we honor Kim & Victor Avis and Peter Whitehouse for their support and contribution to our cultural arts programming.



*Dr. Esther Grushkin*  
CENTER for ARTS + CULTURE

## UPCOMING PROGRAMS INCLUDE:

- Rabbi Lunch & Learn Lecture Series
- Monthly Zoom Book Club meetings with Barbara Kent
- Sunday Bagels & Books with bestselling authors
- Weekly music classes on “The History of Instruments and Genres in Western Music” with Elona Migirov
- Lou Barrella’s “Joy of Opera” series
- Lecture by Ben M. Freeman in partnership with Temple Israel Reform Congregation and the Pride Center of Staten Island on Jewish identity, combatting homophobia, and Holocaust education
- Series on of new emerging Jewish Communities in Africa with Rabbi Sussman
- Unity for the Community concert by the Afro Semitic Experience
- Reflection on the 85th anniversary of Kristallnacht
- Art classes for children
- Concerts from Richmond County Orchestra, National Yiddish Theatre Folksbiene, and other musical acts
- Broadway and overnight trips
- Paint & Sip classes
- And more!



Bella Smorgonskaya, Cultural Arts Director  
718.475.5262 • [bsmorgonskaya@sijcc.com](mailto:bsmorgonskaya@sijcc.com)

## ISRAEL PROGRAMMING

As we continue to celebrate Israel's 75th anniversary, we have many programs focused on the diversity of Israeli life and culture.

These programs include:

- Virtual lectures and tours with Nachliel Selavan
- Celebrating the life and legacy of David Ben Gurion, Israel's first Prime Minister
- Programs with the Israeli Dance Institute
- Children's programs for Jewish holidays and Jewish Music Month
- Commemorations of Yom Ha'Shoah, Yom Ha'Zikaron, and Yom Ha'Atzmaut in collaboration with American Friends of Ben Gurion University, Hillel, Wagner College Holocaust Center, and JCC Association of North America



Over the past year, our JCC formed a partnership with community centers in Binyamina, Israel and Moldova to work on joint programming. We have begun with a teen photography program, and we look forward to creating even more collaborative projects in the future.





## EARLY CHILDHOOD MUSIC CLASSES

### MUSIC TOGETHER OF STATEN ISLAND @ THE JCC

*Ages birth – 5 years, 9 sessions*

Music Together is an internationally recognized early childhood music program for babies, toddlers, preschoolers, kindergarteners, and adults who love them. All children can learn to sing in tune, keep a beat, and participate with confidence in the music of our culture, provided that their early environment supports such learning.

### HARMONY ROAD KEYBOARD PROGRAM

A unique 15-week parent/child musical program that focuses on the development of the whole child while stressing keyboard readiness. Each group course is designed specifically for the age group, reinforcing and building on their skills as they progress through the curriculum. Parent or caregiver must actively accompany the child in class. Free demonstration classes will be held one week prior to the starting date.

#### *Music in Me*

*Ages 3 – 4*

A dynamic readiness program for young children with emphasis on the ear training, solfege singing, movement, pitch and rhythm awareness, keyboard geography and finger readiness.

#### *Harmony Road*

*Ages 4.5 – 6*

Carefully constructed for children to learn the basic building blocks of music. Emphasis on ear training, solfege singing, keyboard playing, ensemble and rhythm activities, movement, and music creativity. Reading concepts are introduced gradually and basic composing activities encourage the development of the child's musical vocabulary.

#### *The Young Musician*

*Ages 6 – 7*

The Young Musician course introduces beginning students to keyboard performance and note reading in a holistic program, including the organized development of pitch, rhythm, solfege singing, keyboard and movement activities.

### VIOLIN ADVENTURES

*Ages 3 – 5, 10 sessions*

Learn the basics of violin in a small group setting. Parent involvement required.



*Ela Seeley, Music Institute Director  
718.475.5263 • eseeley@sijcc.com*

### DRAMA ADVENTURES

*Ages 3 – 5 and 5 – 7*

This introductory drama class introduces children to stage presence and self-expression through theater games, songs, and stories.

### BALLET 101

*Ages 3 – 5, 10 sessions*

Learn dance techniques and choreography to express yourself through movement.

### DRUM CIRCLE

*Ages 4 – 6, 10 sessions*

Enjoy music making and learn new rhythms from African and Caribbean styles.

## ADULT PROGRAMS

### ADULT CHAMBER GROUP

*15 sessions*

Advance your skills to include balance, phrasing and intonation. Open to all levels, however, you must be able to read music.

### GROUP PIANO – BEGINNER

*10 sessions*

### GROUP UKULELE

*10 sessions*

### RECORDER ENSEMBLE

*Free for JCC members*

Musicians of all levels get together and enjoy playing multi-part music on an instrument that is easy to learn. Those who play compatible instruments or sing are also welcomed.

### DRUM CIRCLE

An introduction to hand drum techniques and rhythms of African and Caribbean styles, which form foundation for pop music.

### JAZZ PIANO IMPROVISATION

*10 sessions*

Learn to play in several styles and keys. Emphasis on harmonic structure, chords and form.

## PRE-TEEN & TEEN PROGRAMS

### MUSICIANSHIP/THEORY CLASSES

These classes provide enrichment through instruction in theory, ear training, musical forms, music history and general music appreciation. This class is included with private lesson tuition.

### INDIVIDUAL THERAPEUTIC MUSIC LESSONS

*Ages 4 – 18, 10 sessions*

Work one-on-one with a certified Music Therapist able to engage students with unique interests and abilities.

### CHAMBER ENSEMBLE

*Ages 8 – 18, Free for current students*

Advance your skills to include balance, phrasing and intonation. Chamber music offers players the perfect balance between solo and orchestral performing.

### JAZZ WORKSHOP

*Ages 14 – 18*

Learn new skills and practice with a small group of young musicians.

### YOUTH CHOIR

*Ages 9 – 16*

For beginner to advanced vocalists. Advance your singing skills, learn a new and exciting repertoire, and take part in community performances.

### UKULELE ENSEMBLE

*Ages 9 – 12, 10 sessions*

Learn basic skills of ukulele and develop a repertoire in a fun and non-competitive environment.

### SUMMER STRINGS @ THE J

This five-week intensive summer program is designed to help intermediate to advanced string players hone their skills. For students in 5th grade and up.



# DOROTHY DELSON KUHN MUSIC INSTITUTE

*For over 50 years, the Dorothy Delson Kuhn Music Institute has been sharing the love of music with Staten Islanders. The Music Institute is a non-profit and non-sectarian music school. It is the only member of the National Guild of Community Arts Education on Staten Island.*

*The 2023-24 school year starts Monday, September 18, 2023.*

## PRIVATE LESSONS

Private lessons may be 30, 45, or 60 minutes. Enrollment is for 30 weekly lessons from October through June. Lessons are offered at the Joan & Alan Bernikow JCC. Private lessons are available in: Bassoon, Cello, Clarinet, Flute, French horn, Guitar, Oboe, Percussion, Piano, Saxophone, Trumpet, Recorder, Trombone, Tuba, Viola, Violin & Voice.





Allisyn Wise-Ortiz, Director of Caregiver Support Center & Social Adult Day Programs  
718.475.5287 • [awise@sjcc.com](mailto:awise@sjcc.com)



## CAREGIVER SUPPORT CENTER

Our Caregiver Support Center offers services and support to individuals who are providing care to a loved one with Alzheimer's Disease/related dementias.

### Our services include:

- Comprehensive consultation to review your specific situation
- Emotional support
- "Powerful Tools for Caregivers" information and training sessions
- Referrals for a wide range of community resources
- Support groups
- Meditation, yoga & stretching
- Assistance coordinating long term care and gathering documentation
- Coordination of home health aide assistance (Limited)
- Incontinence & nutritional supplies (Limited)
- Linkage to benefits & entitlements

### Joint Enrichment Programs

The Caregivers Support Center offers monthly Joint Enrichment programming for caregivers and care receivers to participate in a variety of creative activities. The purpose of this programming is for the caregiver and care receiver to spend time together having fun, tap into creativity, relieve stress, and socialize with peers to build a sense of community. Examples of past projects include painting, wreathmaking, planting, attending virtual musical performances, and mosaic art.

## MEMORY LOSS PROGRAMS

The JCC offers specialized programs for Memory Loss. We have a compassionate, caring, trained, and qualified staff that is CPR/AED certified. We offer a low ratio of staff to participants to assist with participant engagement, meal preparation, and reinforcement of daily life skills. Our programs are an affordable alternative to institutional placement and in-home care. Some activities may be new and informative, but many are low barrier and familiar. Our staff will meet with you privately, assist you with the application and enrollment process, and answer any questions you may have. Applications are accepted on an ongoing basis.

### Our day programs include:

- Nutritious, Kosher Lunch & Snacks
- Discussion Group & Current Events
- Exercise & Nutritional Counseling
- Memory Stimulation Activities
- Creative Art & Music Classes
- Gardening
- Support Group



## ROSEMARY'S PLACE

An Early Stage Memory Center

Monday – Thursday, 10am – 3pm

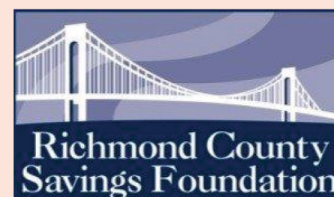
Rosemary's Place is the only program on Staten Island specifically geared for individuals recently diagnosed with Alzheimer's Disease /related dementias. Funded by the Richmond County Savings Foundation in honor of Rosemary Manzulli. Special thanks to Michael Manzulli.



## MY PLACE

Monday – Friday, 10am – 3pm

Our one-of-a-kind program for individuals with mild or mid-stage Alzheimer's Disease/ related dementias.





# OLDER ADULT CENTERS

## CENTERS FOR LIFE LONG DEVELOPMENT — OLDER ADULT CENTER NETWORK

We recently launched the Older Adult Center Network to bring CLLD programming across Staten Island.

### LOCATIONS

#### Bernikow OAC

718.517.7445 • [cldreception@sijcc.com](mailto:cldreception@sijcc.com)

#### Stapleton OAC

Maritza Rivera

718.981.8828 • [mrivera@sijcc.com](mailto:mrivera@sijcc.com)

#### South Shore OAC

Stefanie Schechter, MSW

718.475.5283 • [sschechter@SIJCC.COM](mailto:sschechter@SIJCC.COM)

### BERNIKOW OAC

Housed at our Bernikow Building, this OAC offers intellectual stimulation, health and wellness education and activities, cultural and intergenerational opportunities, and arts and entertainment for active adults. This program serves over 10,000 people every year.

### STAPLETON & SOUTH SHORE OACS

Located in Stapleton on the North Shore and at our Avis Building on the South Shore, these centers offer a wide variety of activities to benefit body and mind. Services include education, health screenings, arts and crafts, nutritious meals, and assistance with social services.

### PROGRAMS AND SERVICES INCLUDE:

- Education
- Health Management
- Recreation
- Educational Lectures
- Arts & Culture
- Technology
- Meal Program
- Transportation Service
- Physical Exercise & Fitness
- Health Insurance & Care Coordination



### CASE ASSISTANCE

The JCC provides comprehensive screenings for benefits and entitlements that can help older adults save time and money and improve their quality of life.

Assistance with the following is provided at no cost and by appointment only:

- Food Pantry & Benefits
- Legal Issues
- Health Insurance
- Budgeting/Financial Counseling
- Medical Referrals
- English as a Second Language (ESL)

### EVIDENCE-BASED LEARNING

All three of our senior centers provide evidence-based learning, which offer proven ways to help promote health and prevent disease among older adults. Older adults who participate in Evidence-Based Programs can lower their risk of chronic diseases and falls. They help lessen the possibility of the long-term effects of falling. We also offer Evidence Based Training for Caregivers, Powerful Tools for Caregivers, to provide skills to those caring for a loved one.



*Michele Weinstein, Director of Intake and Case Assistance*  
718.517.7449 • [mweinstein@sijcc.com](mailto:mweinstein@sijcc.com)

### TRANSPORTATION

Door-to-door transportation is available to/from the Joan & Alan Bernikow JCC for adults 60+ at the JCC and to/from the Avis/South Shore JCC during designated OAC hours of operation. Free OAC enrollment is required to take advantage of these transportation options. Transportation services are also available between sites for select programs. Our bus is lift-accessible. Transportation is also provided to members of our Memory Centers.

### SEAVIEW SENIOR HOUSING

The JCC provides a social services professional to serve as the on-site staff coordinator for social services exclusively for residents of Seaview Senior Housing, connecting them to services throughout Staten Island.

### NATURALLY OCCURRING RETIREMENT COMMUNITY (NORC)

The JCC operates Staten Island's first NORC (Naturally Occurring Retirement Community) in Stapleton. Stapleton qualifies as a NORC because it has a large proportion of residents over 60, but was not specifically planned or designed to meet the needs of seniors living independently in their homes. The NORC, named GO KOSSAH (Keeping Our Seniors Safe And Healthy), will provide services that complement those offered at the JCC's Stapleton OAC.





Amelia Winter, Chief Program Director of Social Services  
718.475.5238 • awinter@sijcc.com

## SOCIAL SERVICES & COMMUNITY PROGRAMS

The JCC Social Services Department can assist individuals facing crisis and adversity by helping them navigate resources available to them in a compassionate and supportive manner. By partnering with other agencies, we provide a lifeline of support, guiding people toward the services they need and walking with them every step of the way. Inspired by the concept of Tikkun Olam (Repair and Improve the World), we believe we can help people to reach their full potential through the pursue of fulfilling and meaningful careers and occupations, while helping them meet their survival needs.

We are able to communicate in Spanish, Russian, and Hebrew. We also have translation resources available for other languages. JCC membership is not required to obtain services. Appointments are encouraged.

## JCC CAREER CONNECTIONS

The JCC offers assistance with career services through a number of means, including referrals to potential employers, enrollment in job training programs, as well as interviewing and career preparedness skills. Special career-themed events and classes include our THRIVE Expo for women, job fairs, OSHA classes, and IT & cybersecurity trainings. Our newest area of career training is in wind energy. Please contact Kathi Indelicato, Career Services Coordinator, for more information at kindelicato@sijcc.com or 718.475.5236.

## KOSHER FOOD PANTRY

The Kosher Food Pantry offers personal and confidential, one-on-one services. Our pantry recently transitioned to a fully interactive digital format, enabling our clients to choose and order their food online. Call 718.475.5242 for services and information.

## CASE MANAGEMENT

We offer individuals and families the invaluable support of a dedicated case manager, guiding them through the intricate web of services while crafting personalized care plans that emphasize individual strengths. For more information, contact Paloma Wasserstein, LMSW, Director of Social Services at pwasserstein@sijcc.com or 718.475.5228.

**Free Benefits/Entitlements Screening & Enrollment such as (but not limited to):**

- SNAP Benefits (Food stamps)
  - Health Insurance Options
  - Utility Assistance Programs i.e. HEAP, etc. (Nov. - May)
  - Life Line/Safe Link (free cell phone)
  - Access-a-Ride (for Senior Citizens/People with Disabilities)
  - Rental Assistance i.e. Cash Assistance, etc.
- Free Legal & Financial Counseling Through UJA-Federation of New York and our partnership with New York Legal Assistance Group (NYLAG), in the following areas:**
- Landlord/Tenant Disputes
  - Evictions/Foreclosures
  - HRA/Social Security/Unemployment Benefits.
  - Elder Law-Will/Healthcare Proxy/Power of Attorney
- Wellness workshops and mental health support:**
- Mental Health Services and referrals
  - Family workshops on various topics including teen mental health, stress management, and financial literacy

For clients over age 60 (North Shore), contact Maritza Rivera at mrivera@sijcc.com or 718.981.8828.

For clients over age 60 (South Shore), contact Stefanie Schechter, MSW at sschechter@sijcc.com or 718.475.5283.

## ADULT EDUCATION PROGRAMS

Elaine Ferrara 718.508.3885 eferrara@sijcc.com  
Our Adult Education Programs are free and available in multiple locations around the island. Enrollment is limited, and registration is ongoing.

## GED/ABE PREPARATORY PROGRAM

This program is for those NYC residents who are 18 years of age or older and wish to prepare for the GED Exam. There is also a class given in Spanish to prepare students to take the GED Test in Spanish. In addition, we will help all eligible students schedule their GED Examination at local testing centers. To register, call our GED Hotline at 718.508.3895.

## HEALTH INSURANCE PROGRAMS

Maureen Fisher, Director of Community Health Insurance Programs 718.981.1400 mfisher@sijcc.com  
The JCC is committed to helping people in our community find affordable health insurance. We help over 4,000 people get health insurance annually. Our staff are trained Navigators, certified through the NYS Department of Health. They assist individuals and families in enrolling in public Health Insurance Programs (Medicaid and Child Health Plus) as well as in Essential Plans and Qualified Health Plans through the New York State of Health Marketplace. The multi-lingual staff can assist people with eligibility, enrollment, annual recertification, plan selection and health literacy. Services are available at various locations with evening and weekend hours offered. There is no cost to enroll. Premiums and co-pays may apply, depending upon program. Enrollment into Medicaid, Child Health Plus and Essential Plans takes place year-round.

We also offer MCCAP, the Managed Care Consumer Assistance Program, assisting New York City residents in accessing care services. With a focus on low-income, elderly, and disabled populations across New York City, MCCAP helps consumers navigate the complexities of the healthcare system, understand their own health insurance coverage, and lower or eliminate the cost of medical debt. MCCAP assists consumers with enrollment into Medicare, apply for Medicare cost-sharing programs, enroll into Medicare Advantage and Medicare Supplement/Medigap plans, completing Medicaid applications and helping those who qualify for Medicaid maintain coverage through the local district (HRA) at no cost to them. For more information, contact Abigail Scully at 718.304.7867 or ascully@sijcc.com.

## ENGLISH AS A SECOND LANGUAGE (ESL) PROGRAM

The English as a Second Language Program offers classes to help adults who NYC residents and are 18 years old or older to improve their English language skills. Day, evening, and Saturday classes are offered at local public schools or at the JCC. Instruction focuses on improving reading, writing, speaking, and listening skills.



# SUPPORT THE JCC

The JCC provides vital services to people of all walks of life in our borough with the goal of making it a better place for everyone. With your help, we can continue to provide vital programs to support our community!

There are many ways you can make a difference and financially assist our programs. For more information on these and other donor opportunities, please contact Allison Cohen.



Allison Cohen, Chief of Communications & External Affairs 718.475.5233 • [acohen@SIJCC.com](mailto:acohen@SIJCC.com)  
Michele Danza, Director of Grants 718.475.5117 • [mdanza@SIJCC.com](mailto:mdanza@SIJCC.com)

## TRIBUTE PROGRAM

Tribute cards can be purchased and sent in recognition of happy events, such as the birth of a child, Bar/Bat Mitzvah, weddings, and birthdays. They are also used to pay respect to a loved one's memory. The JCC's tribute program will enable you to acknowledge lifecycle events while supporting the JCC.

## PROGRAM SPONSORSHIPS

Our agency hosts special events each year enabling individuals, corporations, and foundations the opportunity to show the support via a sponsorship. Each event brings high exposure to audiences of several hundred attendees. The funds support various programs, including Sunrise Day Camp, cultural arts, music, and memory loss programs. Please consider a sponsorship for one of our many events.

## OTHER WAYS TO SUPPORT THE JCC

- Naming Opportunities
- In-Kind Donations
- Planned Giving

## NAMED FUNDS

If you are interested in supporting a specific program or service that the JCC offers, we have a number of Named Funds. You can support one of the Funds listed below or create your own. Supporting JCC Funds is great way to ensure that the JCC can grow new programs many years into the future.

- Joan and Alan Bernikow Fund for Children with Special Needs
- Murray Berman Family Fund
  - provides day camp scholarships
- Lucille and Jay Chazanoff Fund for Sunrise Day Camp
- Marvin Weissglass Family Trust
  - supports the operations of Marvin's Camp for Children with Special Needs
- Dr. Esther Grushkin Memorial Lecture Fund
  - supports cultural arts programs & Jewish education
- Foundation for The Music Institute of the Jewish Community Center of Staten Island
  - provides music school scholarships and funds faculty trainings and instrument repairs
- RememberMe
  - supports our memory loss programs
- Allan Weissglass Memorial Fund
  - provides funds for Capital repair and replacements at JCC-owned facilities
- Olsen Family Wellness Center Fund for Sunrise Day Camp





# UPCOMING EVENTS

- **Fall Harvest Festival** ..... September 10, 2023
- **JCC Bocce Tournament** ..... September 28, 2023
- **An Evening of Celebration + Inspiration** ... November 12, 2023
- **Women Front & Center** ..... February 8, 2024
- **Sunshine Sunday** ..... March 3, 2024
- **Purim Carnival** ..... March 17, 2024
- **Nancy Avis L'Dor V'Dor Awards** ..... April 14, 2024
- **Allan Weissglass Distinguished Leadership Award Gala** ..... May 15, 2024
- **SunriseWALKS** ..... June 9, 2024



DATES ARE SUBJECT TO CHANGE. LEARN MORE AT:

[sijcc.org](https://www.sijcc.org)