

Jean & Alan Bernikow

JCC
of Staten Island

Bulletin

Sivan - Tammuz 5770 Newsletter of the Jewish Community Center of Staten Island June 2010

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Summer
Swim Club**

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Gala Photos**

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The Fanya Heller Story**

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WEISSGLASS GALA



To see more photos go to sijcc.org
click on the Weissglass Gala
and visit the Gala-ry

30th Annual Golf and Tennis Classic

It all began 30 years ago! **Dr. Ron Leventhal** (a past JCC President) and **Helene Leventhal** (a Women's Division Past President) assembled a small group of volunteers in their dining room to learn from another organization how to go about running a charity golf outing. The rest is JCC history! This year the history continues on Monday, July 26 at the Richmond County Country Club.

Over the course of these past 30 years the Jewish Community Center of Staten Island has given more than \$1,000,000 in Camp and Nursery School scholarships to children of deserving families who otherwise would not be able to provide them with the enriching experience of JCC programs.

Robin Lefkowitz and **Alan Poritz**, long-time co-chairs of this event and their committee, are making every effort to make this year's Outing the best ever. Participants will play, eat, drink and be merry. In addition to golf course contests such as longest drive and closest to the pin, Bay Ridge Lexus is providing the Hole-in-One contest car to the lucky golfer.

Last year, we brought back tennis and expect to build on that success. Robin and Alan have enlisted the help of **Dr. Josh Kanner** is chairing the Tennis Committee. This group is enthusiastically promoting the event, and planning a round robin format open to players of all levels. Area tennis professionals are being invited to show their support as well.

To help make this 30th anniversary year special, we are proud to honor individuals and an organization who have worked tirelessly on behalf of the JCC and the Staten Island community. **Robin Lefkowitz**, our event co-chair, will receive the *JCC Distinguished Service Award*, the **SIEDC** (Staten Island Economic Development Corporation) will receive the *JCC Community Service Award*, and **Borough President James P. Molinaro** will receive the *JCC Pride of Staten Island Award*.

There are a number of ways we raise the funds that allow us to provide scholarships. Sponsorship opportunities are available which can be a means of marketing your business or supporting an honoree. Or you can attend the event as a golfer, tennis player or dinner guest, or provide a gift which can be used as a live or silent auction item or a raffle prize. All of these are ways to help us meet our goal of helping the children of Staten Island.

If you are interested in attending or participating in the other opportunities to lend your support, contact Sylvia Cohen at 718.475.5246 or scohen@sjcc.com.



Tennis Instruction for JCC Members

Professional tennis instruction will be available for JCC Members. Group classes will be available for purchase beginning this summer. All lessons will be at the CSI Tennis Bubble.

Classes are for children and adults. Beginners and experienced players are welcome. Please contact Mike Reape, 718.475.5212 or mreape@sjcc.com for details.

In Memoriam

The JCC family has lost two significant members this past month. Both Susan Fuchs and Sol Rubenstein have had major impacts on our members' lives in very different ways.

Susan Fuchs



It is with a full heart that I speak of the passing of Susan Fuchs. She began her career with the JCC in 1986 and was chosen to take on the task of opening a new program at the center, our infant day-care. She relieved the anxiety of many parents as they left their precious baby in her trusted hands. She touched the lives of so

many children, and mentored so many young people, and made everyone feel like they were the most important person in the world. Susan reminded us to live every day of our life to the fullest with great strength as she fought the cancer that eventually took her life. Her heart was filled with love for her family, her friends, and her favorite pastimes- knitting, shopping and the Cheesecake Factory. Susan retired in June of 2007.

- Jayne Smith, ECE Director

Sol Rubenstein

Former JCC president of the JCC Board of Directors Sol Rubenstein passed away in April in Florida where he lived for the past ten years. Mr. Rubenstein was president of the JCC from 1954 -1956. Joseph Harris, former executive director of the JCC, remembers Sol as extremely competent with some very special attributes. "His demeanor was one of leadership and geniality. The Rubensteins were also very philanthropic but not in an ostentatious way," he recalls.

Sol and his wife Beatrice were long time members of the JCC with a particular interest in the JCC nursery school. In 1989, they celebrated their 50th wedding anniversary with the donation of a playful hand painted mural of dinosaurs on the staircase of the nursery at the JCC's Tompkinsville building.

"The nursery school is close to us; all eight of our grandchildren have been in it at some point," Mr. Rubenstein told the S.I. Advance for an article on the mural's unveiling. "We thought it was a great idea. The mural is something that will add to the decor of the nursery school. It makes the place come to life." The JCC extends condolences to the Rubenstein family on their loss.

To make a donation in memory of Sol Rubenstein, please contact Suzanne Lutz, Director of Individual Giving, at 718.475.5256 or smlutz@sjcc.com. Or you can donate directly from the JCC homepage, sjcc.org, by clicking the link on the lower left side - Every \$ Counts, Please Donate to the JCC.



Camp

Glenn Wechsler, MSW, *Camp Co-Director*
Stephanie Feldman, M.S., Ed., *Camp Co-Director*

718.475.5231
718.475.5232

gwechsler@sijcc.com
sfeldman@sijcc.com

**WHAT ARE YOUR KIDS DOING THIS SUMMER?
IT IS NOT TOO LATE TO SIGN UP FOR CAMP!**

**IF YOU ARE SIGNED UP ALREADY,
REFER A FRIEND TO CAMP AND SAVE \$\$\$\$
CONTACT GLENN OR STEPHANIE FOR DETAILS.**

**JCC/LILLIAN SCHWARTZ CAMP
OPEN HOUSE
HENRY KAUFMANN CAMPGROUNDS,
1131 MANOR ROAD
SUNDAY, JUNE 6, 13 & 27 12-2PM**

**MEET THE CAMP DIRECTORS
TOUR THE MAGNIFICENT CAMPGROUNDS
LEARN ALL THAT CAMP HAS TO OFFER!**



Camp Scholarship Fund

The temperature is rising, the flowers are blooming, and children are gazing longingly outside their classroom windows daydreaming. What are they daydreaming about? Why, JCC summer camp, of course!

The JCC Lillian Schwartz Day Camp has been in existence for 75 years, creating warm and wonderful memories for Staten Island's youth. Our children need summer day camp now more than ever. Today most families have either a single working parent, two working adults, or in some cases one or both searching for employment. During the summer season, these parents need a safe and secure environment in which to leave their children while at their jobs or looking for employment and this is where the JCC is so helpful. Our camp is known as the place parents can leave their children and not worry about them because they know that they are having a fun and exciting time making new memories and friends that will last a lifetime.

Given the past year's economy, we know that not all families can afford summer day camp, but they also cannot afford to not send their children to camp. This is where the JCC's camp scholarship fund comes in. Each year we provide over \$300,000 to families who would not otherwise be able to afford the cost of camp. Please consider making a gift to this year's scholarship fund by using the coupon below or by going to our website, www.sijcc.org and making a secure, online donation. You can also establish a named scholarship fund in honor or memory of a loved one. Please contact Suzanne Lutz, Director of Individual Giving, at 718.475.5256 or via e-mail at smlutz@sijcc.com for more information or assistance.

Another opportunity to donate to our camp scholarship program is to participate in the 30th Annual Golf & Tennis Classic for the benefit of the Isador Aberlin-Ed Rovner Memorial Scholarship Fund at the Richmond County Country Club on July 26, 2010. All proceeds from the event are allocated to camp scholarships. For further information please visit our website at www.sijcc.org or contact Sylvia Cohen, Special Events Coordinator, at 718.475.5246 or via e-mail at scohen@sijcc.com.

No matter how you choose to participate, please know that all donations are welcome and appreciated. Without your continued support we would not be able to continue providing much needed scholarships to Staten Island's children.

YES! I want to help provide a fantastic summer camp experience to a child at the JCC of Staten Island with a contribution of:

\$108 \$72 \$54 \$36 Other _____

Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: () _____ Work Phone: () _____ e-mail: _____

Your contribution is fully tax-deductible. Please make your check payable to JCC of Staten Island, and mail it to JCC, 1466 Manor Road, Staten Island, NY 10314. Attn: Suzanne Lutz.

Feeling a little under the weather?



- ~ Abdominal Issues ~ Allergy Relief ~ Asthma ~ Colds ~
- ~ Coughs ~ FLU ~ Cuts ~ Wounds ~ Ear Aches ~ Fever ~
- ~ Fractures ~ Sprains ~ Infections ~ Viruses ~ Injuries ~
- ~ Minor Burns ~ Rashes ~ Sore Throat ~
- ~ Other Non-Emergent Conditions ~

ON-SITE Laboratory & Radiology

WALK-IN Urgent Care NEW Extended Hours

4771 Hylan Boulevard
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OPEN 7 DAYS
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718-816-3110

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Sat & Sun ~ 9 am to 9 pm

Staten Island Urgent Care
Children, Adolescents, & Adults

si-pp.com



Most Insurance Plans Accepted

Fundraising & Development

Anita Bruckmeir, *Development Director*
Suzanne Lutz, *Director of Individual Giving*

718.475.5234
718.475.5256

abruckmeir@sijcc.com
smlutz@sijcc.com

Tributes

In memory of **Milton Aidus**, beloved husband of Myra Aidus
- *Marcia & Monroe Klein*

In memory of **William M. Archipoli**, beloved brother of Maria Anselmo
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*
- *Anita Bruckmeir*

In memory of **Nancy Avis**, beloved wife of Ron Avis and mother of Cathy Fischberg, Susan Fischler and Victor Avis

- *Helene Berg*
- *Joan & Daniel Cantor*
- *The Eckstein Family*
- *Etta & Harold Garber*
- *Lee Guttenplan*
- *Frances & Joseph Harris*
for the Alma Harter Library
- *Michael & Taube Import*
- *Marcia & Monroe Klein*
- *Eileen & R. Randy Lee*
- *Sherry and Bob Lieb*
- *Angie & Dan Master*
- *The Maniaci Family*
- *Sandy & Ralph Probasco*
- *Buzz Radin*
- *Caren & Larry Rothenberg*
- *Madi & Michael Waldner*
- *Florence & George Wechsler*
- *Naomi & Nate Weiner*
- *Robert Werb*
- *Marilyn & Peter Zayfert*

In memory of **Horty Bregman** beloved mother of Cheryl Sherman
- *Marcia & Monroe Klein*
- *Mr. & Mrs. Lawrence Matera*

In honor of **Alyson Bruckmeir-Hoffman** being awarded her ScD
- *Anita Bruckmeir*

In honor of **Jay & Lucille Chazanoff** being honored by the Eger Foundation
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In memory of **Harry Doherty**
- *Roberta Doherty*

In honor of **Marie Ellner** being recognized by the New York State Women Inc., Staten Island Chapter for her work as Coordinator of the Senior Olympics of Staten Island
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In memory of **Julie Feldman**, beloved wife and mother of the Feldman Family
- *The Kamil Family*

In memory of **Susan Fuchs**, beloved wife of Allan Fuchs
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*
- *Arlene & David Sorkin*

In memory of **Sol Rubenstein**, past president of the JCC and beloved father of Linda Coleman, Susan Schechet and Stanley Rubenstein
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In honor of **Karen & Cliff Bloom** on the birth of their second son Cole
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In honor of **Yaffa & Bert Schonbach** becoming grandparents to Cayla Rachel, daughter of Zvi and Liana Schonbach
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In honor of **Dr. Mark Sherman** being awarded the inaugural Snug Harbor Humanitarian Award for Community Service
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In honor of **David Sorkin** being honored by the Hillel of the College of Staten Island
- *The staff of the JCC of Staten Island*

In honor of **Edith Susskind** being presented the Dorothy M. Kammer Volunteer Services Award from the Women's Guild of the Staten Island Mental Health Society and her 90th Birthday
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In memory of **Dina Santoff**, beloved grandmother of Orit Lender
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

In honor of **Bea Victor** being recognized by the New York State Women Inc., Staten Island Chapter for her work on the Senior Olympics of Staten Island
- *David Sorkin, Meirav Lev-Ari and the Board and Staff of the JCC*

With Graduations coming up, making a tribute in honor of the graduate in your life is a wonderful way to acknowledge their accomplishment and make a meaningful gift.

To honor or remember someone in this way, please request a tribute order form at the front desk of either the Avis/South Shore or Bernikow Buildings, go to our website at www.sijcc.org to make a secure, online contribution or contact Suzanne Lutz, Director of Individual Giving, at 718.475.5256 or at smlutz@sijcc.com.

Bingo Fundraiser Raises \$1267 to Support Camp Scholarship Fund!

On Saturday, April 24, the JCC Camp and Youth Committees teamed up to run their first fundraising event which took place at the Bernikow JCC. Camp Chairs Susan Perel and Melissa Rabinovich, Youth Chair Marjorie Steinberg and Bingo Committee Chair Randie Vitucci coordinated this event with the assistance and support of committee members and JCC camp and youth department staff. Bingo callers included John Fuentes, Camp Volleyball Specialist and Camp Parent Oleg Rabinovich. Prizes included contributions from the following: Holy Schnitzel, Golden's Deli, Shoshi's, Rab's Country Lanes, Staten Island Zoo, Retro Fitness, Disney on Ice, Starlight Nails, Costco, Serenity, NY1, St. George Theatre, OZ, Big Apple Circus, Dolphin Fitness, SI Children's Museum, SI Lube and Spa, SI Yankees, Brooklyn Cyclones, and the JCC. A family favorite was FREE Babysitting Bingo for the kids!

Summer Sunday Fun at the Henry Kaufmann Campgrounds

The Henry Kaufmann Campgrounds will be the site for Summer Sunday Fun for JCC members (both gold and platinum). The first event will be on **Sunday, July 4th for Fun in the Sun, 12-5pm**. Then starting August 1 through August 22 the pools will be open with the grand finale of our annual **The Dog Days of Summer from 12-5pm**.

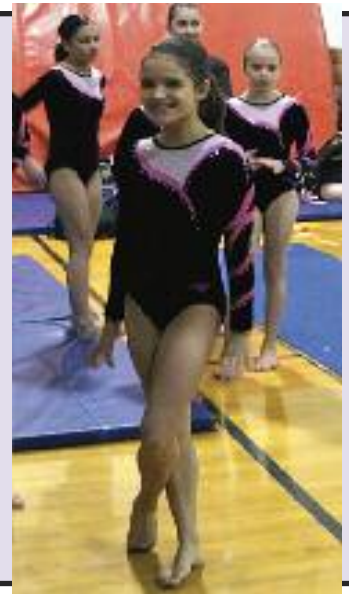
Join us for fun, food and sun at the pool!
Sunday, July 4th - 12pm to 5pm
Sunday, August 1st, 8th, 15th, and August 22nd, 12-5pm

Gymnasts Shine



Two very special young ladies **Emily Kuhn**, age 16, level 9 and **Gina Tucker**, age 13, level 8 who work very hard throughout the year shone at this year's New York State Championships. Both girls won a chance to represent the JCC Richmond Gymnastics Center at this year's USAG regional meet held in Boston, MA. We are so very proud of them.

Our gymnastics program welcomes all girls & boys, ages 3 and up, who have a dream of being the best they can be. All of our gymnasts will have a chance to show their stuff to family and friends at this year's annual recital held at the Avis/South Shore on Thursday, June 20.



Juan & Alan Bernikow
JCC
of Staten Island

You are cordially invited
to attend the
Annual Meeting
of the
Board of Directors

Thursday, June 17, 2010
7:30pm

Juan & Alan Bernikow Jewish Community Center
1466 Manor Road, Staten Island, NY 10314

*Installation of the Board of Directors
UJA - Federation Awards
Decades of Service: Staff Recognition
Dessert Reception*

RSVP 718.475.5241 or rrlaberty@sjcc.com

Volunteer of Excellence Award Presented to Susan Perel

Mazel Tov to JCC Volunteer extraordinaire **Susan Perel!** Susan was recently presented with the Volunteer of Excellence award from UJA Federation.

Susan has done so much to make the Jewish Community Center of Staten Island a place where children and people with developmental disabilities feel at home.

Three years ago a Special Needs Task Force was convened and was given the charge of envisioning a special needs department at the JCC. Susan was one of a select few community members who were chosen to serve on this Task Force. Today, thanks to the Task Force's efforts the JCC now offers an after-school program and holiday trips for children with special needs, a "Buddy" program in which teens with special needs are paired with other teens, and Reelabilities, an annual film festival in which issues of disability are explored.

Similarly, Susan in her role as Camp Committee chairperson has been influential in revitalizing our camp committee and infusing energy into our day camp program. Under her leadership, the camp has grown in size by about 40%, and the quality of the program has improved dramatically, as well. Accomplishments that coincide with Susan's appointment as chairperson include incorporating a camp parent visiting day and a camp clean-up day into the camp calendar, integrating an orthodox camp program into the palette of JCC summer camp programs, and expanding our camp staff training program.

Additionally, Susan is a member of the JCC Board of Directors. She sits on its executive board and serves as the agency's treasurer.

It's because of volunteers like Susan, who invest so much time and dedication to our agency and our community, that programs and services thrive. Thank you Susan for your hard work and dedication and for making the JCC a place where children and people with special needs feel at home.



Congratulations!

Please join the Early Childhood Department in recognizing **Jill Howard, Early Childhood Education Coordinator** as one of SIEDC's Twenty under Forty award winners. This award recognizes leadership and achievement within the Staten Island community.

Jayne Smith, Sheila Lipton, Jill Howard, Beth Howard





Learn from Shootin' School's Elite Team of Instructors!

All Programs held at The Bernikow JCC, 1466 Manor Road.
\$150 per Program

Sharpshooter Program

(Session 1: 5:30-7:00pm,
Session 2 & 3: 2:00-3:30pm)

Point Guard Program (3:45-5:15pm)

FRIDAY CLASSES

Session 1- June 4th - June 25th

Session 2 - July 2nd - July 23rd

Session 3- July 30th - August 20th

Post Player Program (9:30-11:00am)

Fundamental & Agility Program
(11:15am-12:45pm)

SUNDAY CLASSES

Session 1- June 6th - June 27th

Session 2- July 11th - August 1st

Session 3- August 8th - August 29th

Register Online at:

SHOOTINSCHOOL.COM



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our offerings and pricing 718.761.1420

Lag B'omer/Earth Day

Greening at the JCC

We announced in our Fall Program Guide the JCC's commitment to "going green" and taking a leadership role not just at our agency but in Staten Island as well. Our first year culminated with a **Lag B'omer/Earth Day Community BBQ** on May 2. In partnership with Chabad Lubavitch of Staten Island over 400 people attended, learning about solar cooking, composting and celebrating both the holiday and our planet.

Among the actions we have taken this past year are:

- Introduced non toxic hydrogen peroxide based cleaning products throughout the JCC
- Reduced internal paper use by 10%
- Reduced external printing & paper use by 17%
- A composting station built by teens at JCC Summer Camp (HKC)
- 100 additional trees planted at Bernikow

Among the actions we have underway are:

- A new bypass pool pump providing significant savings in electricity costs per year
- Installation of occupancy sensors for lighting resulting in saving substantial costs in electricity per year
- Installation of 296 solar thermal panels at the Bernikow- Savings over 20 years: avoided carbon dioxide, 606 tons; avoided sulfur dioxide, 3,520 pounds; avoided nitrous oxide, 2,268 pounds; equivalent trees absorption of CO2, 29 acres.

Future plans:

- Full recycling in the buildings
- Program for organic produce to be delivered weekly by local farm during the growing season
- Green Committee to include JCC members



Archery Specialist Doron Roth was kept busy all day



Members of TSAC demonstrated solar cooking with pizza boxes



Inflatables were a big hit



Abi Medina with the whole world in his hands

Recycle Castle UPK Avis/South Shore

For the celebration of Earth Day, we discussed recycling. For three days, we brought in recycled things from home. We had empty bottles, milk cartons, empty boxes, cups, paper rolls, and egg cartons. We looked at all of our recycled things and decided to make a castle. We all worked together to make our "Recycled Castle". We had fun. We then made Earth Cookies, and litter bags to keep in our cars. Earth Day was fun and we learned how important it was to keep our Earth clean.



Sylvia Feinstein & Jacki Sprayregen
& all of the children in
Avis/South Shore UPK Room 1

ISRAEL ROCKS

DADA DANI SINGS

SUNDAY, JUNE 13 1:00PM

JOIN US AS SHE ENTERTAINS OUR JCC.

YOU'LL BE SINGING ALONG AND DANCING THE TIME AWAY.

FUN FOR ALL

TICKETS:
\$12 JCC MEMBERS
\$15 NONMEMBERS

JCC Joan S. Alan Bernikow Jewish Community Center
1466 Manor Rd., S., NY • www.sijcc.org

To purchase tickets please contact Marsha Fleischman 718.475.5260

Active Adults

Orit Lender, *Active Adults Director*

718.475.5227

olender@sijcc.com

Activity Schedule

Canasta, Mah Jongg and Board Games Mon - Friday 10am
Add-a-stitch with Rose Weiss and Claire Pellach Mondays 1pm
Open Mah Jongg/Canasta Tuesdays 6pm
Ping Pong - Friday mornings

Art/ Crafts Room

Monthly Movie

Last Chance Harvey
Wednesday, June 9, 7:00pm
Harry and Jeanette Weinberg
Active Adult Lounge



Speaker's Corner

Seth Kaplan
Tuesday, June 17, 12:30pm
Harry and Jeanette Weinberg Active Adult Lounge

Join us to celebrate the beginning of summer
Thursday, June 24, 12:30pm

Harry and Jeanette Weinberg Active Adult Lounge

Book Club

A Reliable Wife, by Robert Goolrick
The story takes place in rural Wisconsin, 1909. Ralph Truit is waiting for Catherine, the woman who answered his advertisement for "reliable wife," "a simple honest woman." This is their story.

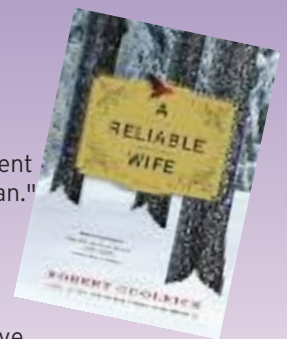
He wants a wife to take care of him.
He has plans for his wife.

But, she has her own plans. She wants to eventually and slowly poison him and leave Wisconsin a wealthy widow. The story of Ralph and Catherine unfolds in unimaginable ways.

Thursday, June 10, 12:30pm

Facilitated by Shelly Burko

Harry and Jeanette Weinberg Active Adult Lounge



Member Spotlight

Evelyn Mendez age 55

Her fitness motto is "Everybody should find time to exercise". Our June member spotlight Evelyn is the essence of living a healthy and fit lifestyle. She spends a great deal of time in the Group Ex classes especially Pilates and Zumba and feels that all the instructors are "simply the best". She then does some cardio and occasionally finishes up with weightlifting. She decided to join the JCC for health reasons and makes sure she incorporates exercise into her daily routine. She eats a diet filled with low carbs, fresh fruit and veggies and the occasionally frozen margarita when she wants to indulge.



Carol's Corner: Yoga Anyone?

Every year the amount of yoga practitioners grows all over the United States. And the reason is more Americans are finding out about what yoga can offer. Yoga offers healing and strength for both body and mind, which can actually help to improve your quality of life by keeping you in a better state of mind. Here are a few examples of how yoga may help to enhance your life:

- Better control of your life and your goals by performing balancing postures as they can improve your concentration and build up both your inner and outer strengths by carrying this awareness from class into your everyday life.
- Lower stress and help reduce blood pressure to healthier levels by practicing Yoga which studies have shown moderates the heart rate and helps to encourage better circulation which helps to lower blood pressure.

Here at the Avis ...we offer both traditional healing yoga and for those who need more of a modified version, we offered seated yoga in a chair....both forms offer the complete benefit of the practice to help achieve a higher quality of life.

Classes offered:

- Mondays, 8pm with Noel
- Chair Yoga Wednesdays, 10:30am with Noel
- Wednesdays, 11:30am with Connie

Both instructors are certified and offer their knowledge and skills for the best yoga/chair yoga experience with amazing benefits....and are free with your membership! For more information, please call Carol at ext: 1205.

Fitness Updates:

- If you wish to speak with fitness staff immediately for any questions regarding classes, orientations and more.... please call the main phone number to our fitness center which is 718.475.5270 ext. 1205.
- We hope to see you using our new fitness machines such as a commercial Octane standing Elliptical Q47 Series machine, recumbent bike and a new straight bar. Our top of the line new elliptical delivers club quality form and function and is designed to get you motivated, moving and seeing results faster than ever. This machine combines cardio intervals with resistance training intervals conducted with the exclusive side platforms and power band technology for ultra effective and efficient workouts.
- Have a happy and healthy summer and note that our hours of operation are standard all year round!!
- Welcome Clayton Miller to our team of professional fitness enthusiasts. He generally works Tuesday mornings in the fitness center as a Member Service Representative and is eager to meet all our members. Good luck Clayton!

Aquatics

Claudia McLaughlin, Aquatics Director

718.475.5215

cmclaughlin@sijcc.com

Master Swim Program

The JCC is proud to introduce Masters Swim Team of Richmond Aquatics Club! This is a registered US Masters Swim Team open to everyone 18 to 81+!

This program is for the competitive or non-competitive swimmer who wants team workouts and practices. Masters meets will be available for everyone who wants to compete, but is not required. Practice starts June 28 and runs through September 3, on Mondays, Wednesdays, and Fridays from 6am to 8am.

*Special bonus for JCC members/Masters Team members-online workouts for the swimmer who cannot make the practice schedule! Come join the fun and stay in shape for the summer!
Fee: \$120M/\$170NM

Pool Parties

Enjoy a fantastic hour of fun and games in our pool for a party that will be remembered by all! You can choose the outdoor pool at Henry Kaufman Campgrounds, or our beautiful indoor pool for a splashing good time! To plan your pool party, call Melissa Kraker at 718.475.5274.

Pre-Competitive Swim Team

This program is open to competitive swimmers who want to fine tune their strokes. Extensive drill work will be done on all four strokes. The goal is to develop all the skills necessary to be a competitive swimmer. Requirements: Tryouts are required for anyone who was not on a competitive team during the current year. Please call for try-outs before the starting day.

Wednesday, June 30- Saturday, August 14

Fee: \$100M/\$150NM

Private Swim Lessons

From babies to adults, learning to swim is a great life long skill that benefits the body and mind! Schedule a private swim lesson with our professional staff. Lessons can be scheduled at your convenience. For questions or information, please call Claudia McLaughlin, Aquatics Director or Phylis Goldberg, Aquatics Supervisor at 718.475.5215.

Dorothy Delson Kuhn Music Institute

Ela Seeley, Music Institute Director
718.475.5263

eseeley@sijcc.com

Final Music Institute Recitals will be held on Friday, June 4, 4:00pm and Sunday, June 20, 2:30pm at Joan and Alan Bernikow JCC. Students will be performing works by Clementi, Chopin, Bach, Beethoven, Schumman, Scarlatti and more. Admission is free.

Summer Lessons

Begin the week of June 28th.
4, 6 or 8 week sessions are available. Registration will begin Monday, June 7.
To schedule lessons, please call the Music Institute 718.475.5263

Scholarship Auditions

Open to musicians grades 4-12
Scholarships are awarded on the basis of financial need and musical ability. To schedule an appointment call 718.475.5263

Summer Early Childhood Music Classes – Parent/Child

Want to try out the curriculum? Need to brush up on your skills before taking the next step? Try one of these 4-week introductory classes beginning the week of June 28th.

Hello Music - ages 3-4

Introduction to music using keyboards: a prelude to Music In Me
Starts Tuesday, July 6, 4 weeks
Tuesdays, 4:00pm. Fee \$80M/\$95NM

MusicTime - ages 4.5-6

Introduction to music using keyboards: a prelude to Harmony Road
Starts Tuesday, July 6, 4 weeks
Tuesdays, 5:00pm. Fee \$80M/\$95NM

Teacher's Spotlight

Kris Kaiser - guitar

Member of Mike Morreale Big Band and previously co-leader of Don Han & Kris Kaiser Jazz Group. Performs regularly in Manhattan at Merchants, Detours, Birdland and Swing 46 as well as on Staten Island at Cargo Café, Adobe Blues and more. Feature player with Bob Kaiser and Friends at various Staten Island festivals and venues. Studied with Howard Alden, Peter Prisco and James Knepper. Member of the Jazz Summit with Vinny Ruggeli and James Knepper. Finalist in Texaco, NY Jazz Festival competition in 1998. Has been teaching students on Staten Island privately since 1998.

JCC Dance Factory

The Annual Dance Recital is coming up on **Sunday, June 6** at the College of Staten Island (CSI). If you are interested in purchasing a \$20 ticket for the dancers Big Day...please email Melissa Kraker at mkraker@sijcc.com for further details. In addition, the enrollment forms and Program Calendar will be available at all the reception desks this summer. Live, Love and Dance



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NEXT TO THE JCC

JCC Preschoolers Adopt a Soldier

This year, our Preschool children participated in the Adopt a Soldier program through the JCCA. The Jewish men and women serving our country were delighted to hear from our children! At the Avis/South Shore, Miss Erica and Miss Vicky's class made a book for their soldier called "Because of You, I Can..." which celebrates everything our armed forces do for our country. Each child made a page, then sent the book to their adopted soldier in Iraq.

Miss Olivia and Miss Maggie's class at the Bernikow used hand prints, among other things, to make a 2 sided flag to send to their soldier - one side for America, the other side for Israel.

Miss Allison and Miss Bushra were fortunate enough to have Riley Seagriff's

father, Ian, a soldier in the U.S. Army, visit their classroom at the

North Shore. He spoke to the students about the various ways in which the soldiers help people in places such as Afghanistan. We learned that the soldiers provide toys and other supplies to the children and adults using items from care packages they received. He also showed the group some pictures of the children in Afghanistan receiving toys and dolls from the soldiers.

We are collecting items for our Preschool's adopted soldiers.

They include:

- Baby wipes
- Liquid soap
- White socks
- Hand sanitizer
- Coloring books, crayons, paper, pencils
- Small toys or stuffed animals
- Hard candy or gum- no chocolate

If you would like to contribute, please give items to the Early Childhood office at any of our sites.





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Senior Olympics

Summertime continues into October - The Beatrice Victor Senior Olympics will take place from **October 3- October 8**. Look for applications at the JCC and many other venues if you are a Staten Islander aged 50+.

Expertise not necessary! You can have fun physically or mentally with any of our 22 events.

New this year ---*Pinochle, Square Dancing, Canasta*, as well as swimming, golf, bocce, bowling, horseshoes, darts, shuffleboard, chess, bridge, croquet, checkers, mah jong, table tennis, tennis, mini golf, basketball shoot, tennis, and predict- a- pace.

Join in the fun---wear your Tee shirt with pride ---"Use It-Don't Lose It!" Questions? Call Marsha, 718.475.5260 or visit www.beatricevictorseniorolympics.com

- Marie Ellner, Chairperson



Personal Training and Fitness

June Personal Training Special
Buy 10 get 2 Free (\$550- per package)

Battling Ropes

The Battling Ropes system is a highly effective form of training and conditioning for athletes and general fitness enthusiasts alike. Battling Ropes drills will improve your ability to create power and sustain the power output for longer periods of time, improve your aerobic and anaerobic capac-



ity, teach the muscles of the entire body to work together to maximize performance, and add a fun new twist to your workout. Call 718.475.5210 for more info.

Kettlebells

Kettlebell training: the cutting edge in fitness.

In just the last decade, this centuries-old favorite of martial artists, ancient strongmen, and the military elite is showing up in the hands of hollywood starlets, high-powered business executives, and housewives!

Kettlebell training is fun and melts fat fast! We're here to help you get started. Call 718.475.5210 to book a 30 minute demo with John.



Men's Health Fair

JCC Sports and Wellness and Richmond University Medical Center Health and Wellness Fair focusing on Men's Health
Call 718.475.5210 for time/date

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Call 718.475.5210 for more info.



Group Fitness

Try Boot camp with **Eric**. Boot camp workouts are efficient because you work your entire body-- heart and muscles--by going from one exercise to another with no rest. The workouts involve calisthenics like pushups, jumping jacks, crunches and other body weight exercises. The difference lies in the intensity. In boot camp, your challenge is to take your body to its limit. You work, you sweat and, best of all, you burn calories like crazy. Wednesdays 6:00pm. Call 718.475.5210 for more info.



June 13-19 is Men's Health Week

Celebrate with these informative demos and specials

- Personal Training for Men purchased during this week 15 percent off. (specials excluded)
 - Weightlifting Demo for Men
 - Insanity Workout for Men
- Call 718.475.5210 for times/dates

Spa @ the J

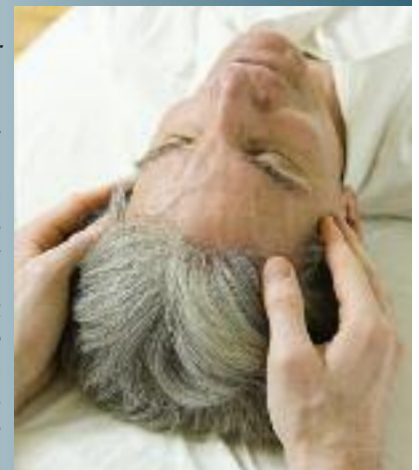
Eileen Yard, Director of Wellness Services
718.475.5211

eyard@sijcc.com

June Spa Specials

Take care of the man in your life with a Spa gift card!

Men's treatments 10% off for the month of June
A great way to tell your man you care. He spends his days racing motorcycles, jumping from planes and building new decks out back. That doesn't mean he shouldn't be pampered once in awhile. Even Clint Eastwood gets massages. And we heard that James Bond gets manicures. Send your Dad in for some great men's spa services.





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Music Institute of the JCC

And the beat goes on
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celebrating 40 years at the
Dorothy Delson Kahn Music Institute
Sunday, March 21, 2010 - 7pm!



Arts & Culture

Orit Lender, Arts & Culture Director
718.475.5227

olender@sjcc.com

Film

JCC Staten Island Film Festival Screening Thursday, June 3, 7pm

The Staten Island Film Festival will preview *Teenage Witness: The Fanya Heller Story*. The documentary film is narrated by Richard Gere and based on the memoir by Fanya Gottesfeld Heller, *Love In a World of Sorrow: A Teenage Girl's Holocaust Memoirs*.

An 85 year old Holocaust survivor shares her unique story that has special resonance with today's teenagers. They can relate to the choices she was forced to make in the midst of horror and chaos, and find inspiration and hope in her story of survival.

The film follows Fanya as she wrestles with the past and focuses on the importance of her work today. It is produced by Nikki Silver and Orly Wiseman of Staten Island based On Screen Entertainment and directed by Ed Wiseman, who also serves as Executive Director of Historic Richmondtown.

With a special appearance by Fanya herself in a Q & A following the film.

Bernikow JCC, Stolzenberg Social Hall

Free admission - for reservations email olender@sjcc.com

Movement

Basic Line Dance

Learn the basic steps of Line Dancing, International Folk Dancing and Israeli Folk Dancing. Enjoy the dances done to the rhythms of waltz, samba, rhumba, mambo, foxtrot and tango. Learn the basics steps of Folk Dancing. Enjoy the dances and music of Greece, Romania, Bulgaria, Macedonia and Israel. No partner required. Adults of all ages. Instructor: Al Ball

Sundays 1:30pm - Aerobics Studio. Ongoing

Israeli Dancing

Dance the night away with instructor Sara Cohen. Practice traditional steps, learn new dances and have fun with others who love Israeli Folk Dancing. All ages are welcome.

Facilitator: Sara Cohen

Tuesdays 7:30pm - Media Room

Start anytime - Ongoing.

Free for members/\$5 for non members

Have you visited our website lately?

Check out the Weissglass photo Gala-ry, play a golf game on the Golf & Tennis page, see more current up-to-date information. Over the summer you will see new improvements including a comprehensive calendar and a reader making our Bulletins and Program Guides easier to read.

www.sjcc.org

Jewish Life & Learning

Yaffa Schonbach, Jewish Life & Learning Director
718.475.5228

yschonbach@sjcc.com

Café Europa

Watch for details our next Café Europa event which will take place Sunday, June 13, 10am - 12 noon.

Please help in assisting us find additional Holocaust survivors if you know of any. For additional information please call 718.475.5242. On Sunday, March 7 we held our first Café Europa event for Staten Island Holocaust survivors and their families. The theme for this event was "A Post Purim Party for Holocaust Survivors". The event was a huge success with fabulous entertainment, delectable food and wonderful company! Pianist Lena played lively Yiddish music while everyone enjoyed noshing on kugel and strudel with the company of family, friends and special teen guests. In addition, all participants received gifts and prizes! If you or anyone you know would like to attend or participate in future events for Holocaust survivors and their families please contact Eliza Silver, Jewish Life & Learning Coordinator, 718.475.5242 or esilver@sjcc.com.

"New moon" series for women

Please be on the lookout for our wonderful and exciting lectures on topics of interest to women which is given monthly by different dynamic speakers on a variety of topics.

C2C Computer Classes

Beginner and Intermediate Microsoft Word

Prerequisites: A working knowledge of the computer, Windows and using a mouse. The previous Intro to Computers class will provide you with all the prerequisites for this class if you don't already have them. An in depth comprehensive class presented in a fun relaxed atmosphere. This is a 10 hour class consisting of 5 two hour sessions beginning on **Thursday, June 10**.

Please contact Eliza Silver, 718.475.5242 or esilver@sjcc.com for registration or further information.



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final discretion as to selection.

Please bring your art to the
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June 1, 2 or by noon June 3

For more info contact Ela Seeley, 718-475-5253 or eseeley@sjcc.com



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the Bulletin

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BERNIKOW SUMMER SWIM CLUB OPENS SUNDAY, MAY 30

- FREE ice cold lemonade and ices for opening day
- Poolside chairs and lounges
- Expanded seating to grass area
- Chairs and picnic tables

Join the fun and activities on Sundays in July and August for families to enjoy!

- Clowns, face painting, magic
- Sports Sampler Package
- Fitness, Boot Camp, Family Zumba
- Music Days
- Arts and Crafts
- Kids Bingo
- Jewish Learning Theme Day
- Kids Relay Races (indoor pool)

Outdoor Pool will be open May 30- June 25, 12-5pm.

(The slide will not be available on weekdays during this time)

Beginning Saturday, June 26 we will be open full time for your convenience!

Monday-Thursday, 10:00am-7:00pm

Friday-Sunday, 10:00am - 6:30pm

