



CORE 24 Camp Manual

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Dear JCC CORE 24 Camp Families,

Welcome to the JCC of Staten Island Core 24 Basketball Camp. We are committed to providing a safe, high quality Sports Camp experience for your child with a focus on not only excellent training but FUN, FRIENDSHIP and COMMUNITY. This manual contains valuable information that will answer many of the questions that may arise as you prepare your child for sports camp and throughout the summer. Please read this manual carefully and hold on to it for future reference.

Our coaching staff and counselors staff lie at the center of the camp's success. Our caring and experienced team of basketball professionals works year-round to create a fun-filled and balanced program for the campers. We have a diverse leadership group with backgrounds in education, social work, and school psychology. Coaches have been screened for maturity, creativity, a sense of responsibility and spirit. They are required to attend pre-camp trainings that emphasize children's safety, well-being and stresses their essential role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

We recognize the role that camp plays in a child's development and work tirelessly to make your child's experience at JCC Sport's Camp a rich and rewarding one.

Thank you for joining us this summer!

Camp Director



Mike Reape, Camp Director

Mike Reape is a HS school and grade school basketball coach for both boys and girls for over 30 years. He has trained, coached and ran basketball camps for players of all ages and levels. He received much of his training for camps at the illustrious Prep Starts Camp in North Carolina, and over his career, has earned many Awards and Team Success Including:

- SIHSL Coach of the year 1995
- ACIS Coach of the year 2007/2008
- PSAA Coach of the years 2007/2008
- Metro Coach of the year 2014 and 2015
- SIHSL #1 Seed and SI PSAL Champions 1997-98
- Back to back Finals 2004 2005
- 3 Maccabi Gold Medals 1997 2001 2005
- ACIS Regular Season Champions 2007
- ACIS Championship 2008 (Undefeated)
- PSAA Championship 2008 (Undefeated)
- Metro League Championship 2014 and 2015

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1. WHAT TO BRING TO CAMP

- Basketball
- Enough water for the day (water fountains will not be in service for refills for safety reasons)
- “Sweat” and pool towel(s)
- Lunch/snacks (if you don’t pre-purchase camp lunch)
- Change or additional set of clothing (t-shirt, shorts and sneakers)
- Bathing suit and flip-flops/sandals
- PPE Mask if they so desire

2. WHAT TO WEAR TO CAMP

- T-shirt, shorts and basketball sneakers

3. LOST AND FOUND

An inevitable part of camp is children misplacing things. We have a “Lost and Found” area located in the Basketball Camp Director’s office. Please know we highly encourage campers to NOT bring such items as personal video games/music devices, jewelry, excessive amounts of cash, etc... as they do not belong in camp and we are not responsible for them if they are misplaced, lost, stolen or broken.

4. LUNCH

You can either bring your own lunch/snacks or you can purchase a lunch plan in advance for each week or specific days. Payment and specific day lunch requests can be done when registering for camp or with a lunch form.

5. HEALTH AND SAFETY

You must fill out a waiver for your child: <https://sijcc.formstack.com/forms/basketball> as well as a Medical (Physical Examination) Form: https://www.sijcc.org/uploads/1/2/2/7/122792762/sports_camp_health_record.pdf.

Please complete these forms by June 30th. Any camper who signed-up after that date MUST turn in their completed forms before they will be allowed to attend camp. Children cannot participate in camp programs without this information, including a complete list of up to date vaccinations.

Please make certain to inform the Camp Director and Camp Staff about your child’s need for any medications as well as food or other allergies as well as any medical conditions that we should be aware of so that we can ensure a safe camp experience for your child. This vital information will only be shared with any/all of your child’s camp directors and counselors, as appropriate.

If your child is sick in the morning, please do not send him/her to camp. If, in the opinion of the camp medical professional, your child is not well enough to remain at camp, you will be called to take your child home. If your child is at home with a fever, he/she should remain at home until their temperature is normal.

In case of an emergency, you will be notified immediately. If we cannot reach you, we will notify your child's physician. Please make certain that the emergency numbers in your child's file are up-to-date.

If a child is diagnosed with head lice, a parent will be contacted and must pick up their child from camp. This policy is maintained in order to prevent spreading to other campers. Parents will be notified if lice is found in his/her child's camp group. Campers who have lice must be treated and will be re-checked upon return to camp. Campers must provide a note from their doctor that they are lice free.

6. MEDICATION

Medication brought to camp by your child should be given to his/her Camp Counselor upon arrival at camp. Medication must be in its original container and directions must be marked on the bottle. A signed physician's note must be brought with the medication detailing how and when it should be administered. If a change in medication is to occur, please notify us immediately. The Camp Director will be in charge of storing and dispensing medication. Parents are responsible for picking up medication at the end of each camp session/end of camp season.

7. CAMP ARRIVAL AND DISMISSAL

A.M. ARRIVAL/DROP OFF

- Parents will drive to the front of the Bernikow Building to drop off their child at the front door.
- A JCC staff member will meet your vehicle and escort the camper to their dedicated meeting location for their basketball camp pod.
- If camper arrives after 9:00am, a parent will have to park and bring the camper to the gym.
- Please note, the procedures may change if medical screenings are made mandatory by local and state agencies.

P.M. DISMISSAL/PICKUP

- All vehicles will line up in the same area as A.M Drop-off
- If you are planning to have someone else other than a parent pick-up your child, make sure they have a carpool pass and are listed on the authorized pick up form as well as alert the Camp Director.
- If it should rain, we will dismiss from the building so please pull around to the front door.

NOTE: At no time during the day are parents allowed into the Bernikow Building without the expressed consent of the basketball camp staff or Camp Director.

8. BUILDING DIRECTIONAL FLOW

Please have your child follow all directions as well as directional arrows and signage throughout the field area as well as inside the building as we continue to try to maintain social distancing.

9. A TYPICAL DAY AT CAMP

Time	Activity
	<i>Morning Session</i>
9:00am	Check in
9:15am	Camp addressed by Camp Director
9:20am	Wake-up Stretch and warm up
9:30am	Skills & Drills with Head Coaches
10:30am	Dribbling and Passing Drills
11:45am	Pool
12:30pm	Lunch
	<i>Afternoon Session</i>
1:00pm	Stretch
1:15pm	Skills & Drills
2:15pm	Shooting and skills contest
3:15pm	Daily review from Camp Director/Head Coach

Note: This is a sample schedule as edits may need to be made throughout the day.

10. EARLY PICK-UP

If you need to pick up your child early, please notify the camp staff or Camp Director the night before to make arrangements.

11. COMMUNICATING WITH COACHES

We recognize the importance of having an open line of communication between parents and directors. As such, Coaches do their best to be available to each parent on a daily basis. During the day, Coaches are very busy with the campers and are typically unavailable to answer phone calls. Coaches try to contact parents during the day; however, they may return calls after 5:00pm or early in the morning. When appropriate, parents are also encouraged to email basketball@sijcc.com with any questions or concerns that they may have. You may also send a note with your child to his/her coach or to the Camp Director.

12. CELEBRATING BIRTHDAYS AT CAMP

If you would like to celebrate your child's birthday at camp, please notify the camp office in advance. If you send food to be served to other campers it must be pre-packaged, Kosher and nut free (for children with nut allergies.) Be sure to include enough "party" paper goods (i.e. plates, napkins, forks, spoons, etc...) for the child's entire group. Please give at least one week's notice to the camp staff or Camp Director of any birthday arrangements you plan to make.

13. VISITING POLICY

Visitors are not allowed to walk onto the field or into the building. Should you need to pick-up your child or drop something off, please contact the camp staff or Camp Director. In case of emergency, call the Front Desk at 718-475-5200 and someone will assist you and get you in touch with the appropriate staff.

Note: You may not park in the fire lane at any time.

14. TIPPING POLICY

Tipping staff at camp is permissible but entirely at your own discretion. Money, gift cards and other items have been given in the past.

A “suggested” amount to tip for a 6-week camper would be as follows:

- Senior Counselor: \$50.00 - \$75.00
- Junior Counselor: \$35.00 - \$50.00
- CIT II: \$20.00 - \$30.00
- CIT I: \$10.00 - \$15.00

A reminder, this is only a suggested rate. You may give whatever you feel comfortable giving.



Our Promise to You:

- Train our staff on the necessary measures that ensure the safety of our campers.
- Administer daily surveillance assessments to all staff and campers.
- Maintain appropriate cleaning and sanitation protocols throughout camp.
- Practice social distancing guidelines established for our camp.
- Encourage healthy habits to keep our staff and campers safe.
- Use masks and personal protective equipment, where and when practical to do so if deemed necessary.
- Deliver a program which brings the “Sunshine and Smiles” to Summer 2022.
- Communicate. We will be here for you.

Your Promise to Us:

- We are all in this together. We ask that you follow our guidance, policies, procedures, rules and regulation as well as general knowledge so we can all be healthy and happy together.
- Be flexible. If/as city guidelines and mandates change, we will learn new information and communicate to you any changes in our protocols.
- Not lose sight of what is most important. Your sports camper will enjoy and take part in their favorite activities, and reconnect with their camp friends.
- If your camper has been experiencing symptoms of COVID-19 or has been recently exposed, we ask that you notify us immediately.

Our Plan:

JCC Basketball Academy Camp will rely on guidance from the American Camp Association (ACA), CDC and the New York State Department of Health. It is our responsibility to follow any procedures or preventative measures and practices that are deemed necessary. Our plan is designed to be flexible, so that we can adapt and refine our response as guidance changes. Our goal is to minimize risk and provide campers with an amazing sports camp experience.