



JCC Soccer Academy Camp Manual

Dear JCC Soccer Academy Camp Families,

Welcome to the JCC of Staten Island Soccer Academy Camp where we are committed to providing a safe, high quality Sports Camp experience for your child with a focus on excellent training FUN, FRIENDSHIP and COMMUNITY. This manual contains valuable information that will answer many of the questions that may arise as you prepare your child for sports camp and throughout the summer. Please read this manual carefully and hold on to it for future reference.

Our coaching staff and counselors staff lie at the center of the camp's success. Our caring and experienced team of soccer professionals work year-round to create a fun-filled and balanced program for the campers. We have a diverse leadership group with extensive background and experience. Coaches have been screened for maturity, creativity, a sense of responsibility and spirit. They are required to attend pre-camp trainings that emphasize children's safety and well-being and stresses their essential role of encouraging campers to reach their full potential and discover talents they never knew existed within them.

We recognize the role that camp plays in a child's development and work tirelessly to make your child's experience at JCC Sport's Camp a rich and rewarding one.

Thank you for joining us this summer!

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1. WHAT TO BRING TO CAMP

- Breathable Clothing
- Sneakers and Sandals
- Cleats (Outdoor/Indoor)
- Shin guards (or any other protective equipment the child may want)
- Reusable water bottles (Fountains are available)
- Swimsuit
- Swim and Sweat Towel
- Lunch and a Snack (if you don't pre-purchase camp lunch)
- Extra Clothes (T-shirt, Shorts, Socks)
- PPE Mask (If Preferred)
- *MEDICALS* (Must have by the first day of attendance)

2. WHAT TO WEAR TO CAMP

- T-shirt/Soccer Jersey, shorts, cleats and shin guards

3. LOST AND FOUND

An inevitable part of camp is children misplacing things. We have a "Lost and Found" area in our Director of Sports and Recreation's office. Please know we highly encourage campers to NOT bring such items as personal video games/music devices, jewelry, excessive amounts of cash, etc... as they do not belong in camp and we are not responsible for them if they are misplaced, lost, stolen or broken.

4. LUNCH

You can either bring your own lunch/snacks or you can purchase a lunch plan in advance for each week or specific days. Payment and specific day lunch requests can be done when registering for camp or with a lunch form.

5. HEALTH AND SAFETY

You must fill out a waiver for your child during registration, as well as a Medical (Physical Examination) Form which is available under Camp Forms and Manuals on the website Camp tab.

Please complete these forms by June 15th. Any camper who signs up after that date MUST turn in their completed forms before they will be allowed to attend camp. Children cannot participate in camp programs without this information, including a complete list of up to date vaccinations.

Please make certain to inform the Camp Coordinator and Camp Staff about your child's need for any medications as well as food or other allergies as well as any medical conditions that we should be aware of so that we can ensure a safe camp experience for your child. This vital information will only be shared with any/all of your child's camp staff, as appropriate.

If your child is sick in the morning, please do not send them to camp. If, in the opinion of the camp medical professional, your child is not well enough to remain at camp, you will be called to take your child home. If your child is at home with a fever, they should remain at home until their temperature is normal.

In case of an emergency, you will be notified immediately. If we cannot reach you, we will notify your child's physician. Please make certain that the emergency numbers in your child's file are up-to-date.

If a child is diagnosed with head lice, a parent will be contacted and must pick up their child from camp. This policy is maintained in order to prevent spreading to other campers. Parents will be notified if lice is found in the child's camp group. Campers who have lice must be treated and will be re-checked upon return to camp. Campers must provide a note from their doctor that they are lice free.

6. MEDICATION

Medication brought to camp by your child should be given to their Camp Counselor upon arrival at camp. Medication must be in its original container and directions must be marked on the bottle. A signed physician's note must be brought with the medication detailing how and when it should be administered. If a change in medication is to occur, please notify us immediately. The Camp Coordinator will be in charge of storing and dispensing medication. Parents are responsible for picking up medication at the end of each camp session/end of camp season.

7. CAMP ARRIVAL AND DISMISSAL

A.M. ARRIVAL/DROP OFF

- Parents will drive into JCC parking lot via the back entrance and will pull-up/line up next to the sports field.
- They will then form a line to drop off their child at the front of the field.
- A camp staff member will meet your vehicle and escort the camper to their dedicated meeting location for their soccer camp pod.
- If camper arrives after 9:00am, a parent will have to park and walk the camper to the field.
- Please note, the procedures may change if medical screenings are made mandatory by local and state agencies.

P.M. DISMISSAL/PICKUP

- All vehicles will line up in the same area as A.M Drop-off
- If you are planning to have someone else other than a parent pick-up your child, please make sure you notify our Camp Coordinator prior to pickup time.
- If it should rain, we will dismiss from the building so please pull around to the front door.

NOTE: At no time during the day are parents allowed into the Bernikow Building without the expressed consent of the soccer camp staff.

8. TYPICAL CAMP DAY

Time	Activity
8:30am	Drop off/Check-In
9:00am	Day's agenda, focus, morning jog
9:15am	Warm-up, Stretching, Speed & Agility
9:20am	Skills & Drills
10:30am	Game/Scrimmage
11:30am	Lunch
12:30pm	Pool
1:30pm	Strength/Conditioning
2:00pm	Free play
2:30pm	World cup/Soccer bowling
3:00pm	Indoor game and scrimmages
3:30pm	Pick up

(*Schedule subject to change as space is available/allowed or in a rainy-day situation.)

9. EARLY PICK-UP

If you need to pick up your child early, please notify the camp staff the night before to make arrangements.

10. COMMUNICATING WITH STAFF

We recognize the importance of having an open line of communication between parents and staff. As such, staff do their best to be available to each parent on a daily basis. During the day, camp staff are very busy with the campers and are typically unavailable to answer phone calls. Staff try to contact parents during the day; however, they may return calls after 5:00pm or early in the morning. When appropriate, parents are also encouraged to email soccer@sijcc.com with any questions or concerns that they may have. You may also send a note with your child to their staff member or to the Camp Coordinator.

11. CELEBRATING BIRTHDAYS AT CAMP

If you would like to celebrate your child's birthday at camp, please notify the camp staff in advance. If you send food to be served to other campers it must be pre-packaged, Kosher and nut free (for children with nut allergies.) Be sure to include enough "party" paper goods (i.e. plates, napkins, forks, spoons, etc...) for the child's entire group. Please give at least one week's notice to the camp staff of any birthday arrangements you plan to make.

12. VISITING POLICY

Visitors are not allowed to walk onto the field or into the building. Should you need to pick-up your child or drop something off, please contact the camp staff. In case of emergency, call the Front Desk at 718-475-5200 and someone will assist you and get you in touch with the appropriate staff.

Note: You may not park in the fire lane at any time.

13. TIPPING POLICY

Tipping staff at camp is permissible but entirely at your own discretion. Money, gift cards and other items have been given in the past.

A “suggested” amount to tip for a 7-week camper would be as follows:

- Camp Coordinator: \$100 - \$125
- Camp Assistant Coordinator: \$80 - \$100
- Head Counselor: \$60 - \$80
- Counselor: \$40 - \$60

A reminder, this is only a suggested rate. You may give whatever you feel comfortable giving.



Our Promise to You:

- Train our staff on the necessary measures that ensure the safety of our campers.
- Administer daily surveillance assessments to all staff and campers.
- Maintain appropriate cleaning and sanitation protocols throughout camp.
- Practice social distancing guidelines established for our camp.
- Encourage healthy habits to keep our staff and campers safe.
- Use masks and personal protective equipment, where and when practical to do so if deemed necessary.
- Deliver a program which brings the “Sunshine and Smiles” to Summer.
- Communicate. We will be here for you.

Your Promise to Us:

- We are all in this together. We ask that you follow our guidance, policies, procedures, rules and regulation as well as general knowledge so we can all be healthy and happy together.
- Be flexible. If/as city guidelines and mandates change, we will learn new information and communicate to you any changes in our protocols.
- Not lose sight of what is most important. Your sports camper will enjoy and take part in their favorite activities, and reconnect with their camp friends.
- If your camper has been experiencing symptoms of COVID-19 or has been recently exposed, we ask that you notify us immediately.

Our Plan:

JCC Soccer Academy Camp will rely on guidance from the American Camp Association (ACA), CDC and the New York State Department of Health. It is our responsibility to follow any procedures or preventative measures and practices that are deemed necessary. Our plan is designed to be flexible, so that we can adapt and refine our response as guidance changes. Our goal is to minimize risk and provide campers with an amazing sports camp experience.